



# UCCOOK

## Loaded Cheesy Nachos

with ready-made guacamole & fresh chives

A nacho dinner extravaganza, with all the usual guests: a tangy guacamole, a cluster of corn nachos, strings of melty cheese, a spicy kidney bean and corn chilli, and sliced jalapeño.

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**Hands-on Time:** 10 minutes

**Overall Time:** 30 minutes

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**Serves:** 1 Person

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**Chef:** Tess Witney

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 Veggie

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 Creation Wines | Creation Rosé 2022

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## Ingredients & Prep

1	Red Onion <i>peeled &amp; ½ finely diced &amp; ½ finely sliced</i>
15ml	NOMU Mexican Spice Blend
100g	Cooked Chopped Tomato
120g	Kidney Beans <i>drained &amp; rinsed</i>
80g	Corn
1	Lemon <i>cut into wedges</i>
80g	Heirloom Corn Nachos
80g	Grated Mozzarella & Cheddar Cheese
80g	Guacamole
4g	Fresh Chives <i>rinsed &amp; finely chopped</i>
1	Pickled Jalapeño <i>drained &amp; roughly chopped</i>

## From Your Kitchen

Oil (cooking, olive or coconut)  
Salt & Pepper  
Water  
Sugar/Sweetener/Honey

**1. NACHO FILLING** Preheat the oven to 200°C. Place a pan over a medium-high heat with a drizzle of oil. When hot, sauté the sliced onion for 2-3 minutes until soft. Add the spice blend to taste and fry for another minute. Stir in the cooked chopped tomato, drained kidney beans, and 50ml of water. Allow to simmer for 4-5 minutes until thickened, stirring occasionally.

**2. COMPLETE THE FILLING** Once the sauce has thickened, stir through the corn and a squeeze of lemon juice. Add a sweetener of choice to taste, season, and remove the pan from the heat.

**3. CHIP CHIP HOORAY!** Spread a layer of nachos over the bottom of a roasting tray. Evenly spoon over half of the nacho sauce and scatter over some grated cheese. Repeat this process once more to create one more layer of each, using up the rest of the sauce and cheese. Bake in the hot oven for 6-8 minutes until the cheese has melted.

**4. SPRUCE IT UP** In a bowl, combine the guacamole with ¾ of the chopped chives. Mix in the diced onion and a squeeze of lemon juice (both to taste) and season.

**5. IT'S GONNA GUAC YOUR WORLD!** For serving, you can either eat the cheesy corn nachos right out of the tray, or dish them up on a plate. Dollop over the tangy guacamole and sprinkle over the remaining chopped chives and chopped jalapeños. Get stuck in!

## Nutritional Information

Per 100g

Energy	712kJ
Energy	170kcal
Protein	6.1g
Carbs	16g
of which sugars	3g
Fibre	3.7g
Fat	8.4g
of which saturated	2.6g
Sodium	285mg

## Allergens

Dairy, Allium, Sulphites

Cook  
within 3  
Days