



UCCOOK

Vietnamese Pork Stir-fry

with vermicelli noodles & pickled cucumber


Saucy, sweet and sour pork neck strips on a bed of vermicelli noodles, with spicy pickled cucumber, toasted peanuts, fresh coriander and mint.


Hands-On Time: 10 minutes

Overall Time: 30 minutes

Serves: 1 Person

Chef: Alex Levett

 Easy Peasy

 Niel Joubert | Grüner Veltliner

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Ingredients & Prep

30ml	Rice Wine Vinegar
50g	Cucumber <i>roughly diced</i>
2,5ml	Dried Chilli Flakes
50g	Rice Vermicelli Noodles
10g	Peanuts
160g	Pork Neck Steak
1	Spring Onion <i>finely sliced, keeping the white & green parts separate</i>
1	Garlic Clove <i>peeled & grated</i>
20ml	Sweet & Sour Sauce <i>(10ml Fish Sauce, 5ml Honey & 5ml Low Sodium Soy Sauce)</i>
4g	Fresh Mint <i>rinsed, picked & roughly chopped</i>
4g	Fresh Coriander <i>rinsed, picked & roughly chopped</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Sugar/Sweetener/Honey
Paper Towel

1. PICKLE THE CUCUMBER Boil the kettle. In a bowl, add the rice wine vinegar and 1 tbsp of a sweetener of choice. Mix until the sweetener has fully dissolved. Add the diced cucumber and the chilli flakes (to taste). Toss until fully coated and set aside to pickle.

2. OODLES OF NOODLES Using a shallow bowl, submerge the noodles in boiling water and add a pinch of salt. Give them a stir, cover with a plate, and set aside to soak for 6-8 minutes until cooked and glassy. Drain on completion and toss through some oil to prevent sticking.

3. TOASTY NUTS Place the peanuts in a nonstick pan over a medium heat. Toast for 3-5 minutes until golden, shifting occasionally. Remove from the pan and roughly chop.

4. PERKY PORK Pat the pork dry with some paper towel and cut into 1cm thick strips. Return the pan to a medium-high heat with a drizzle of oil. When hot, add the pork and fry for 1-3 minutes until golden, shifting occasionally. Add the spring onion whites and the grated garlic and fry for 1-2 minutes until fragrant, shifting constantly. Add the sweet & sour sauce and 50ml of warm water. Simmer for 3-4 minutes, until slightly reduced. Mix in ½ the chopped mint, ½ the chopped coriander, and seasoning. Drain the pickling liquid from the cucumber.

5. PLATE THE GOODS! Plate up the vermicelli noodles and smother in the saucy sweet & sour pork. Scatter over the pickled cucumber. Garnish with the toasted peanuts, spring onion greens, and the remaining mint, coriander, and chilli flakes (to taste). Tuck in!



Chef's Tip

Reserve the pickling liquid from the pickled cucumber, store it in the fridge, and use it for a second time in another meal!

Nutritional Information

Per 100g

Energy	799kJ
Energy	191Kcal
Protein	10.3g
Carbs	15g
of which sugars	2.3g
Fibre	0.9g
Fat	10.3g
of which saturated	3.5g
Sodium	365mg

Allergens

Gluten, Allium, Peanuts, Wheat,
Sulphites, Fish, Soy

Cook
within 2
Days