

## **UCOOK**

## Bacon & Mushroom Linguine

with NOMU One For All Rub & grated Italian-style hard cheese

Simple, silky and creamy. What more could you ask for? Golden linguine strands are smothered in a béchamel-style pasta sauce loaded with golden mushies and crispy streaky bacon bits. Add a crack of black pepper and a sprinkling of Italian-style hard cheese and that's dinner sorted, Chef!

Hands-on Time: 30 minutes

Overall Time: 45 minutes

Serves: 4 People

Chef: Morgan Otten

Simple & Save

Deetlefs Wine Estate | Deetlefs Stonecross

Cabernet Sauvignon

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Ingredients & Prep			
400g	Linguine Pasta		
12 strips	Streaky Pork Bacon		
250g	Button Mushrooms roughly slice		
2	Onions peel & thinly slice		
2	Garlic Cloves peel & grate		
40ml	Cake Flour		
400ml	Low Fat UHT Milk		
40ml	Rub Mix (20ml Vegetable Stock of 20ml NOMU One For A Rub)		
80ml	Grated Italian-style Hard Cheese		
From Your Kitchen			
Oil (cooking, olive or coconut) Salt & Pepper Water Paper Towel			

Butter

- 1. PASTA BLISS Bring a pot of salted water to a boil for the pasta. Cook the pasta until al dente, 10-12 minutes. Drain and toss through a drizzle of olive oil, and reserve a cup of pasta water.
- 2. CRISPY BACON Place a pan over medium-high heat. When hot, add the bacon strips and fry until browned and crispy, 1-2 minutes per side. Remove from the pan and drain on paper towel. Roughly chop and set aside.
- 3. GOLDEN MUSHIES Return the pan over medium-high heat with a drizzle of oil. When hot, fry the mushrooms until golden, 6-7 minutes (shifting occasionally). Remove from the pan and season.
- 4. BEGIN THE SAUCE Return the pan over medium heat with a drizzle of oil. When hot, fry the sliced onion until golden, 6-7 minutes (shifting occasionally). Add the grated garlic, 60g of butter, and the flour. Fry for 1-2 minutes, shifting constantly. Remove from the heat and gradually stir in the milk, making sure there are no lumps. Loosen the sauce with the reserved pasta water until the desired consistency.
- 5. LUXURIOUS CREAMINESS Return the pan with the sauce to medium heat and bring to a simmer. Add the rub mix, the cooked pasta, the cooked mushrooms, ½ the chopped bacon, ½ the grated cheese, and seasoning. Mix until combined and remove from the heat.
- 6. SILKY GOODNESS! Plate up the saucy packed pasta. Sprinkle over the remaining grated cheese and scatter over the remaining chopped bacon. Finish it off with a crack of black pepper. Buon appetito!

## **Nutritional Information**

Per 100g

Energy	662kJ
Energy	158kcal
Protein	6.5g
Carbs	23g
of which sugars	3.6g
Fibre	1.8g
Fat	4.1g
of which saturated	1.5g
Sodium	252mg

## Allergens

Egg, Gluten, Allium, Wheat, Sulphites, Cow's Milk

> Eat Within 3 Days