

UCOOK

Chorizo & Crispy Potatoes

with charred corn & fresh parsley

Today we're transporting your kitchen to Spain with a rich, tangy, tomato-based patatas bravas sauce. This layered liquid, featuring smoky chorizo & paprika, will be poured over golden-roasted baby potatoes and sprinkled with charred corn & fresh parsley.

Hands-on Time: 25 minutes

Overall Time: 40 minutes

Serves: 1 Person

Chef: Jemimah Smith



Simple & Save



Stettyn Wines | Stettyn Family Range Pinotage 2021

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Ingredients & Prep

250g Baby Potatoes
rinse & cut into bite-sized pieces

Onion
peel & roughly dice ½

Garlic Clove

peel & grate5mlGround Paprika

75g Cooked Chopped Tomato30g Sliced Pork Chorizo

roughly chop

3g Fresh Parsley
rinse, pick & finely chop

From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper

Water

50g

Sugar/Sweetener/Honey

- **1. GOLDEN POTATOES** Preheat the oven to 200°C. Spread the potato pieces on a roasting tray. Coat in oil and season. Roast in the hot oven until golden, 25-30 minutes (shifting halfway).
- 2. PATATAS BRAVAS SAUCE Place a pan over medium heat with a drizzle of oil. When hot, fry the diced onion until soft, 4-5 minutes (shifting occasionally). Add the grated garlic and the smoked paprika (to taste). Fry until fragrant, 1-2 minutes (shifting constantly). Add the cooked chopped tomato, 100ml of water, and a sweetener. Bring to a simmer and cook until slightly thickened, 8-10 minutes. Add an extra splash of water if it reduces too quickly. In the final 1-2 minutes, mix through the chopped chorizo. Season
- 3. CHARRED CORN Place a pan over medium-high heat with a drizzle of oil. When hot, fry the corn until crispy, 3-4 minutes (shifting occasionally). Remove from the pan and set aside.
- **4. LOOK AT THAT PLATE!** Plate up the roasted potatoes. Smother in the patatas bravas sauce and top with the charred corn. Garnish with the chopped parsley.



Air fryer method: Coat the potato pieces in oil and season. Air fry at 200°C until crispy, 20-25 minutes (shifting halfway).

Nutritional Information

Per 100g

| Energy | 374kJ |
|--------------------|--------|
| Energy | 89kcal |
| Protein | 3.6g |
| Carbs | 14g |
| of which sugars | 2.8g |
| Fibre | 1.8g |
| Fat | 1.7g |
| of which saturated | 0.6g |
| Sodium | 126mg |
| | |

Allergens

Allium, Sulphites, Alcohol

Cook within 4 Days