

# **UCOOK**

### Vermicelli Beef Noodles

with UCOOK Asian sauce & spring onions

Save this recipe in a special place, Chef, because this is your new secret weapon for dinner after a loooong day. Treat yourself to dainty but delicious vermicelli noodles, which have soaked up an umami-rich UCOOK Asian sauce. Served with charred corn, browned beef strips, crunchy peanuts & pickled peppers.

Hands-on Time: 20 minutes

Overall Time: 25 minutes

Serves: 4 People

Chef: Samantha du Toit

Quick & Easy

Waterford Estate | Waterford Grenache Noir

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Ingredients & Prep			
200g	Rice Vermicelli Noodles		
600g	Free-range Beef Strips		
200g	Corn		
4	Spring Onions rinse, trim & finely slice, keeping the white & green parts separate		
4 units	UCOOK Asian Sauce		
40g	Peanuts		

**Pickled Peppers** 

## From Your Kitchen

Oil (cooking, olive or coconut)

drain

Salt & Pepper Water

80g

Paper Towel

1. NOW, FOR THE NOODLES Boil the kettle. Place the noodles in a bowl and submerge in boiling water. Season and set aside to rehydrate, 10-12 minutes. Drain and toss through a drizzle of olive oil.

- 2. ON TO THE BEEF Place a pan over medium-high heat with a drizzle of oil. Pat the beef strips dry with paper towel. When hot, sear the beef until browned, 30-60 seconds (shifting occasionally). Remove from the pan and season. You may need to do this step in batches.
- 3. START THE CORN & SPRING ONIONS Return the pan to medium-high heat with a drizzle of oil. When hot, fry the corn until lightly charred, 4-6 minutes (shifting occasionally). In the final 1-2 minutes, add the spring onion whites. Pour in the Asian sauce and simmer until warmed through, 3-4 minutes. Add the beef strips, mix to combine, and season.
- 4. YES, YOU'RE DONE! Bowl up the noodles. Top with the Asian beef. Scatter over the peanuts and the drained peppers, and garnish with the spring onion greens.

#### **Nutritional Information**

Per 100g

Energy	757kJ
Energy	181kcal
Protein	13.6g
Carbs	20g
of which sugars	3.8g
Fibre	1.1g
Fat	5.5g
of which saturated	1.4g
Sodium	284mg

#### **Allergens**

Gluten, Allium, Peanuts, Wheat, Sulphites, Fish, Soy, Shellfish

Within 4 Days

Eat