

UCOOK

Thai Tom Kha Noodles

with coconut cream, mushrooms & cashews

This fragrant Thai soup marries a creamy coconut base with the tang of citrus and spices. Swimming with silky rice noodles, toasty cashews and a medley of vegetables, it's invigorating and it's vegan!

Hands-On Time: 40 minutes

Overall Time: 45 minutes

Serves: 4 People

Chef: Alex Levett



Vegetarian



Haute Cabrière | Pierre Jourdan Brut

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Ingredients & Prep		
60g	Cashew Nuts	
200g	Flat Rice Noodles	
20ml	Vegetable Stock	
60ml	Spice & All Things Nice Thai Red Curry Paste	
4	Spring Onions finely sliced, keeping the white & green parts separate	
800ml	Coconut Cream	
400g	Baby Tomatoes	

- pierced

 500g Button Mushrooms
 wiped clean & halved
- 320g Green Beans
 rinsed, trimmed & sliced
 into thirds
 60ml Lime Juice

20g Fresh Basil

rinsed & roughly sliced

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper

Salt & Pepper
Water

1. CRUNCHY CASHEWS Boil a full kettle. Place the cashews in a pan over a medium high heat. Toast for 2-3 minutes until golden brown, shifting occasionally. Remove from the pan on completion and set aside.

Roughly chop when cool enough to handle.

2. SILKY NOODLES Using a shallow dish, submerge the noodles in boiling water with a pinch of salt. Cover with a plate and allow to soak for 6-8 minutes until cooked through. Taste to test, and drain on completion. Toss through some oil to prevent sticking. Dilute the vegetable stock with 800ml of boiling water.

3. SOUP TIME Place a pot (large enough for the soup) over a medium heat with a drizzle of oil. When hot, fry the Thai red curry paste (to taste) and white spring onion slices for 2 minutes until fragrant. Pour in the diluted stock and coconut cream, and stir until well combined. Add the pierced whole baby tomatoes, halved mushrooms, and sliced green beans. Lower the heat and simmer for 7-8 minutes until the baby tomatoes and mushrooms are soft, and the green beans are cooked through but still crunchy. Add some lime juice and season.

4. EASY AS THAT! Place the noodles in a bowl. Pour over the Tom Kha soup. Garnish with the green spring onion slices, sliced basil leaves, and toasted cashews. Well done, Chef!

Nutritional Information

Per 100g

Energy	554kJ
Energy	132Kcal
Protein	3g
Carbs	12g
of which sugars	2g
Fibre	1.6g
Fat	8.3g
of which saturated	6g
Sodium	205mg

Allergens

Allium, Sulphites, Tree Nuts

within 4 Days

Cook