

# **UCOOK**

# Pork Schnitzel & Roast Baby Potatoes

with a pea & Danish-style feta salad

Crispy baby potatoes, hot out of the oven, are plated up with a tender piece of butter-basted pork, drizzled with a homemade almond butter. Finished with a refreshing salad of greens, plump peas & creamy feta.

Hands-on Time: 30 minutes

Overall Time: 50 minutes

**Serves:** 4 People

Chef: Kate Gomba

Simple & Save

Paul Cluver | Village Chardonnay 2022

Loved the dish? Let us know. Join the UCOOK community. Share your creations + tag us @ucooksa #lovingucook

### Ingredients & Prep

800g Baby Potato rinse & halve

160g Peas

80g

80g Salad Leaves rinse & roughly shred

Danish-style Feta

40g Almonds roughly chop

600g Pork Schnitzel (without crumb)

#### From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper

Paper Towel

Butter

Water

- **1. OVEN-ROASTED POTATOES** Preheat the oven to 200°C. Spread the halved baby potatoes on a roasting tray. Coat in oil and season. Roast in the hot oven until crispy, 30-35 minutes (shifting halfway).
- 2. PEA & FETA SALAD Boil the kettle. Submerge the peas in boiling water until plump, 2-3 minutes. Drain. In a salad bowl, toss together the shredded salad leaves, the plump peas, a drizzle of olive oil, and seasoning. Crumble over the drained feta. Set aside.
- **3. ALMOND BUTTER** Place a pan over medium-high heat with 120g of butter. Once foaming, add the chopped almonds. Fry until toasted, 1-2 minutes. Remove from the heat.
- **4. JUICY PORK** Return the pan to medium-high heat with a drizzle of oil. Pat the schnitzel dry with paper towel. When hot, sear the schnitzel until browned, 30-60 seconds per side. In the final 30 seconds, baste with a knob of butter. Remove from the pan and season. You may need to do this step in batches.
- **5. GREAT JOB, CHEF** Plate up the roasted potatoes and the pork schnitzel. Drizzle over the almond butter. Serve the pea & feta salad on the side.



Air fryer method: Coat the halved baby potatoes in oil and season. Air fry at 200°C until crispy, 20-25 minutes (shifting halfway).

#### **Nutritional Information**

Per 100g

 Energy
 492kJ

 Energy
 118kcal

 Protein
 10.4g

Carbs 9g
of which sugars 1.7g
Fibre 1.6g

Fat 3.7g of which saturated 1.3g Sodium 84mg

## **Allergens**

Tree Nuts, Cow's Milk

Cook within 2 Days