

# **UCOOK**

# Pork Neck & Eric's Garlic Bread

with a fresh cucumber salad

My dad's epic garlic & cheese bread is unmatched! Served with succulent pork neck steak and a fresh cucumber and pickled pepper salad. Garlicky, cheesy and crispy! What more could you ask for?

Hands-On Time: 25 minutes

Overall Time: 40 minutes

**Serves:** 4 People

Chef: Megan Bure

★ Fan Faves

Boschendal | Rose Garden Rosé

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#### Ingredients & Prep

15g

8 slices

100g

Garlic Cloves peeled & grated

> Fresh Parsley rinsed, picked & roughly chopped

Sourdough Baguettes

Gouda Cheese cut in half

Pork Neck Steak 640g

Red Wine Vinegar 40ml 80g Salad Leaves rinsed

> Pickled Bell Peppers drained & roughly chopped

200g Cucumber sliced into half-moons

### From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper

Water

Tinfoil Paper Towel

Sugar/Sweetener/Honey Butter

until crisp and the cheese has melted.

1. GARLIC & CHEESE BAGUETTE Preheat the oven to 200°C. In a small bowl, combine the grated garlic, ½ the chopped parsley, 80ml of oil, and seasoning. Place the baquettes on a chopping board and cut 4 horizontal incisions along the top of each baguette - don't cut all the way through! Smear each incision with the garlic oil and insert a slice of cheese inside each incision. Wrap each stuffed baquette in tinfoil, place on a baking tray, and pop in the hot oven. Bake for 15-20 minutes until

warmed through. In the final 3-5 minutes, remove the tinfoil and bake

2. SIZZLING STEAK Pat the pork neck steak dry with some paper towel and season. Place a nonstick pan over a medium-high heat with a drizzle of oil. When hot, fry the pork for 4-5 minutes per side (this time may vary depending on the thickness of the pork) until cooked through and golden. In the final minute, baste with a knob of butter. Remove from the

3. LOOKING FRESH In a bowl, combine the vinegar, a drizzle of oil, a sweetener of choice, and seasoning. Add the rinsed salad leaves, the chopped pickled peppers and the cucumber half-moons. Toss until fully combined.

pan on completion and allow to rest for 5 minutes. Season to taste.

4. LET'S EAT! Plate up the cheesy garlic baguettes. Side with the pork neck steak and the fresh salad. Sprinkle over the remaining parsley. Divine, Chef!



The garlic bread can be grilled over hot coals instead of roasted in the oven. So, if you have the time and enjoy a braai, plan ahead for this meal and get one going!

## **Nutritional Information**

Per 100a

903kl Energy Energy 216Kcal Protein 12.4a Carbs 16g of which sugars 2.9g Fibre 0.8g Fat 11.1g of which saturated 4.6g Sodium 11mg

#### **Allergens**

Gluten, Dairy, Allium, Wheat, Sulphites

Cook within 2 **Days**