

# U COOKING MADE EASY

## Ricotta Ravioli & Sage Butter

with Italian-style hard cheese, baby spinach & toasted hazelnuts

These pasta pockets are bursting with butternut and ricotta, swished with baby spinach, and dripping in garlic and sage beurre noisette or "browned butter", with its famous nutty aroma. Classy, comforting, and quick!

Hands-On Time: 30 minutes

**Overall Time:** 35 minutes

Serves: 2 People

**Chef:** Runet Van Heerden



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#### **Ingredients & Prep**

30g	Hazelnuts
240g	Cannellini Beans drained & rinsed
5ml	NOMU Italian Rub
300g	Butternut & Ricotta Ravioli
10g	Fresh Sage rinsed & picked
2	Garlic Clove peeled & grated
80g	Baby Spinach <i>rinsed</i>
30ml	Grated Italian-Style Hard Cheese
1	Lemon zested & cut into wedges

#### From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper Water Butter **1. TOASTY HAZELNUTS** Boil the kettle for step 3. Place a large, nonstick pan over a medium heat. When hot, toast the hazelnuts for 5-6 minutes until golden, shifting occasionally. Remove from the pan on completion and set aside. Roughly chop when cool enough to handle.

2. CRISP THE CANNELLINIS Return the pan to a medium heat with a drizzle of oil. When hot, toast the drained cannellini beans for 10-12 minutes until crispy and caramel in colour. At the halfway mark, stir through the Italian Rub to taste. For the best results, only shift occasionally. On completion, remove from the heat and set aside until serving.

**3. BOIL THE RAVIOLI** Place a pot for the ravioli over a high heat. Fill with boiling water and add a pinch of salt. Once boiling rapidly, cook the ravioli for 2-3 minutes until they begin to float and are heated through. Drain on completion and toss through some oil to prevent sticking.

**4. SAGE BEURRE NOISETTE** Place another pan over a medium-high heat with a drizzle of oil or knob of butter. When hot, fry the ravioli in a single layer until crisp and golden. You may need to do this step in batches. Remove from the pan on completion, return the pan to the heat, and add in 80g of butter. Once foaming, spread the rinsed sage leaves across the pan in a single layer. Fry for 2-3 minutes until the leaves are crispy and the butter has a nutty aroma, watching closely. Reduce to a medium heat, add the grated garlic, and sauté for about a minute. Add in the ravioli, half of the chopped hazelnuts, half of the rinsed baby spinach, and the juice of 2 lemon wedges. Toss until coated, remove the pan from the heat, and season to taste.

**5. RESTAURANT-QUALITY DINNER** Lay out the remaining fresh baby spinach and cover with three-quarters of the cannellinis. Top with the buttery pockets of ravioli and all of the sauce from the pan. Sprinkle with the grated hard cheese, the remaining toasted hazelnuts, and the lemon zest to taste. Finally, scatter the remaining cannellinis over the lot. Delectable, Chef!

### Chef's Tip

Beurre noisette translates to "brown butter" or "hazelnut butter". It's a popular sauce in French cuisine where butter is slightly burnt in a pan, giving it a nutty, sweet aroma. It's a stunning sauce for pastas, steaks, steamed or blanched veg, and fish.

#### Nutritional Information

Per 100g

Energy	525kJ
Energy	125Kcal
Protein	5.9g
Carbs	21g
of which sugars	1.8g
Fibre	3.7g
Fat	4.4g
of which saturated	1.1g
Sodium	200mg

#### Allergens

Egg, Gluten, Dairy, Allium, Wheat,

Sulphites, Tree Nuts

Cook within 3 Days