

UCOOK

Fishcakes & Aji Verde

with sweet & spicy sliced jalapeño

Now here's a mystery Paddington can't quite solve—why hasn't Peruvian food taken the world by storm? Let's change that with golden pan-fried fishcakes, paired with aji verde featuring spicy jalapeños, mayo & fresh mint. Add a crisp side salad, and you've got a dish as exciting as Paddington's adventures!

Hands-on Time: 15 minutes

Overall Time: 20 minutes

Serves: 2 People

Chef: Samantha du Toit

Quick & Easy

Paardenkloof Wines | Paardenkloof "The Bend

in the Road" Sauvignon Blanc

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Ingredients & Prep

2 packs Crumbed Snoek Fishcakes200g Cucumber

rinse & cut into rounds

Season.

40g Pickled Onions drain & slice

80g Salad Leaves rinse & roughly shred

Fresh Mint rinse, pick & roughly chop

60ml Grated Italian-style Hard Cheese

30g Sliced Pickled Jalapeños drain

80ml Mayo

5g

From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper

Water

Paper Towel

- 1. FRY THE FISHCAKES Place a pan over medium heat with enough oil to cover the base. When hot, fry the fishcakes until golden and crispy, 2-3 minutes per side. Remove from the pan and drain on paper towel.
- 2. COOL AS A CUCUMBER In a bowl, combine the cucumber rounds, the pickled onions, and the chopped leaves. Add a drizzle of olive oil and season.
- 3. AJI VERDE In a bowl, combine ½ the chopped mint, the grated cheese, the jalapeños (to taste), and the mayo with a splash of water until drizzling consistency.
- 4. PERUVIAN PERFECTION Plate up the golden fishcakes, and side with the salad. Drizzle over the spicy mayo and garnish with the remaining mint.



Air fryer method: Air fry the fishcakes at 200°C until crispy, 10-15 minutes (shifting halfway).

Nutritional Information

Per 100g

702kI Energy 164kcal Energy Protein 6.2g Carbs 13g of which sugars 2.7g Fibre 1.4g Fat 9.7g of which saturated 1.8g

Allergens

Sodium

Cow's Milk, Egg, Gluten, Allium, Wheat, Sulphites, Fish, Shellfish

> Eat Within 1 Day

475ma