

## **UCOOK**

## Glazed Pork Neck & Chilli-lime Potatoes

with fresh coriander & Danish-style feta

Hands-on Time: 30 minutes

Overall Time: 45 minutes

Adventurous Foodie: Serves 1 & 2

Chef: Kate Gomba

Wine Pairing: Creation Wines | Creation Chardonnay

Nutritional Info	Per 100g	Per Portion
Energy	981kJ	5369kJ
Energy	235kcal	1284kcal
Protein	4.6g	25.1g
Carbs	15g	80g
of which sugars	6.3g	34.3g
Fibre	0.8g	4.4g
Fat	16.9g	92.2g
of which saturated	6.3g	34.4g
Sodium	171mg	935mg

Allergens: Cow's Milk, Gluten, Allium, Wheat, Sulphites,

Soy

Spice Level: Mild

Ingredients & Prep Actions:			
Serves 1 250g	[Serves 2] 500g	Baby Potatoes rinse & cut in half	
5ml	10ml	Chinese 5-spice	
15ml	30ml	Lime Juice	
1	1	Fresh Chilli rinse, trim, deseed & finely chop	
3g	5g	Fresh Coriander rinse, pick & finely chop	
1	1	Garlic Clove peel & grate	
160g	320g	Pork Neck Steak	
50ml	100ml	BBQ Sauce	
20g	40g	Salad Leaves rinse & roughly shred	
20g	40g	Danish-style Feta drain	
5g	10g	Crispy Onion Bits	
From Yo	ur Kitchen		
Water Paper To	king, olive or wel g (salt & pep		

Alternatively, air fry at 200°C until crispy, 20-25 minutes (shifting halfway).

2. MAKE THE DRESSING In a salad bowl, combine the lime juice, the chilli (to taste), the coriander, the garlic (to taste), and a drizzle of olive oil.

1. POTATOES Preheat the oven to 200°C. Spread the baby potatoes on a roasting tray. Coat in oil, the Chinese-5 spice, and season. Roast in the hot oven until crispy, 25-30 minutes (shifting halfway).

- 3. PORK NECK Place a pan over medium-high heat with a drizzle of oil. Pat the pork dry with paper towel. When hot, sear the pork until browned, 4-6 minutes per side. In the final 1-2 minutes, baste with the BBQ sauce. Remove from the pan with all the pan juices, and rest for 5 minutes before slicing and seasoning.
- 4. SOME FRESHNESS In a bowl, combine the salad leaves, the feta, a drizzle of olive oil, and seasoning.
- 5. DINNER IS READY Add the roasted potatoes to the dressing and toss to combine. Plate up the limey potatoes, side with the pork slices, and drizzle over the pan juices. Serve alongside the fresh salad and sprinkle over the crispy onions. Well done, Chef!