



UCOOK

Paul Cluver's Citrus-Soy Chicken & Rice

with cucumber ribbons & crispy wonton strips

Two words describe this sweet citrus-soy chicken rice bowl. 'Yum' and 'yum', Chef! A bed of fluffy basmati rice forms the base in the bowl, which is topped with garlic & ginger, and sweet citrus-soy chicken. Then comes the cooling cucumber, crispy wonton strips, and sriracha mayo drizzle. Finished with kimchi for an extra yum.

Hands-on Time: 20 minutes

Overall Time: 35 minutes

Serves: 1 Person

Chef: Paul Cluver

Fan Faves

Paul Cluver | Sauvignon Blanc 2023

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Ingredients & Prep

100ml	White Basmati Rice <i>rinse</i>
5	Wonton Wrappers <i>cut into 2cm thick strips</i>
60ml	Sweet-Citrus Soy <i>(30ml Orange Juice, 15ml Low Sodium Soy Sauce & 15ml Honey)</i>
10g	Fresh Ginger <i>peel & grate</i>
1	Garlic Clove <i>peel & grate</i>
150g	Free-range Chicken Mini Fillets
10ml	Cornflour
1 unit	Sriracha Mayo
100g	Cucumber <i>rinse & roughly dice</i>
1	Spring Onion <i>rinse, trim & finely slice</i>
50g	Kimchi <i>drain & roughly chop</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Paper Towel

1. FLUFFY RICE Place the rinsed rice in a pot with 200ml of salted water. Cover with a lid and bring to a boil. Reduce the heat and simmer until the water has been absorbed, 8-10 minutes. Remove from the heat and set aside to steam, 8-10 minutes. Fluff with a fork and cover.

2. CRISPY WONTON STRIPS Place a pan over high heat with enough oil to cover the base. When hot, fry the wonton strips until crispy and golden, 30-60 seconds per side. Drain on paper towel and season.

3. CITRUS-SOY CHICKEN In a bowl, combine the sweet citrus-soy, the grated ginger & garlic, and seasoning. Set aside. Pat the chicken dry with paper towel. Cut into bite-sized pieces and coat in the cornflour. Return the pan to medium heat with enough oil to cover the base. When hot, fry the chicken until browned, 1-2 minutes per side. Remove from the heat and drain the oil. Add the sweet citrus-soy sauce and a splash of water to the pan with the chicken. Return the pan to medium heat and simmer until slightly thickened, 2-3 minutes. Remove from the heat.

4. SRIRACHA MAYO SAUCE In a small bowl, loosen the sriracha mayo with water in 5ml increments until drizzling consistency.

5. YUM YUM RICE BOWLS Bowl up the rice. Top with the chicken & all the sauce and the diced cucumber. Drizzle over the loosened sriracha mayo. Scatter over the toasted wonton strips. Garnish with the sliced spring onion and the chopped kimchi.

Nutritional Information

Per 100g

Energy	731kJ
Energy	175kcal
Protein	8.3g
Carbs	22g
of which sugars	4.4g
Fibre	1g
Fat	6.4g
of which saturated	1.1g
Sodium	246mg

Allergens

Egg, Gluten, Allium, Wheat, Sulphites, Soy

Eat
Within
3 Days