



UCOOK

Chorizo & Mussel Paella

with pickled pepper & fresh parsley

This dish is a fun & easy twist on traditional paella. It features chorizo and mussels, which are served with a delicious sauce of tomatoes, Spanish aromatics and golden wine. Pickled peppers & peas are added for a pop of acidity & brightness. A true crowd pleaser and perfect for sharing with friends and family.

Hands-on Time: 40 minutes

Overall Time: 55 minutes

Serves: 3 People

Chef: Rhea Hsu

🍷 Adventurous Foodie

🍷 Stellenzicht | Thunderstone Rosé

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Ingredients & Prep

2	Onions <i>1½ peeled & roughly diced</i>
30ml	NOMU Spanish Rub
45ml	Tomato Paste
97,5ml	Golden Wine <i>(7,5ml Ground Turmeric & 90ml White Wine)</i>
300ml	Risotto Rice
90g	Pickled Bell Peppers
90g	Sliced Chorizo <i>roughly chopped</i>
600g	Tomato Passata
2	Lemons
12g	Fresh Parsley
600g	Mussels
150g	Peas

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Tinfoil
Sugar/Sweetener/Honey

1. SO SOFRITO! Boil a full kettle. Place a pan, big enough for the paella, over medium heat with a drizzle of oil. When hot, add the diced onion and fry for 6-8 minutes until soft and browned, shifting occasionally. Add the rub and the tomato paste. Fry for 1-2 minutes until fragrant, shifting occasionally. Pour in the golden wine and cook for 1-2 minutes or until almost evaporated.

2. FLAVOURFUL RICE When almost all the wine has evaporated, stir through the rice, ½ the chopped pickled peppers, and the chopped chorizo. Fry for 1-2 minutes, shifting frequently. Add the tomato passata and mix until combined. Slowly pour in 900ml of boiling water. Bring to a boil, reduce the heat to low, and simmer for 20-25 minutes until the rice is al dente and all the liquid has been absorbed. If the rice is still undercooked, add an extra splash of water and simmer until al dente.

3. PREP STEP While the paella is simmering, zest and cut the lemons into wedges. Rinse, pick and roughly chop the parsley.

4. KEEP IT ZESTY Once the paella is cooked, top with the mussels, the peas, and ½ the chopped parsley. Season with a squeeze of lemon juice, the lemon zest (to taste), a sweetener of choice (to taste), salt, and pepper. Cover with tinfoil and let the paella steam, off the heat, for 5-8 minutes.

5. INDULGE YOUR SENSES Dish up the paella. Scatter over the remaining pickled peppers. Garnish with the remaining parsley and serve with any remaining lemon wedges. Stunning, Chef!

Nutritional Information

Per 100g

Energy	442kJ
Energy	106kcal
Protein	6.2g
Carbs	15g
of which sugars	3.4g
Fibre	1.8g
Fat	1.8g
of which saturated	0.5g
Sodium	285mg

Allergens

Allium, Sulphites, Alcohol,
Shellfish/Seafood

Cook
within 1
Day