



# UCCOOK

## Ham & Emmental Cheese Roll

with sun-dried tomato pesto & salad leaves

You've been craving something all day but can't put your finger on what that is. Wonder no more, because it's this rosemary ham, emmental cheese, fresh greens, and Pesto Princess Sun-dried Tomato Pesto-sauce on a milk roll. You're welcome, Chef!

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**Hands-on Time:** 10 minutes

**Overall Time:** 10 minutes

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**Serves:** 3 People

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**Chef:** Kate Gomba

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\*New Lunch

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## Ingredients & Prep

6	Milk Rolls
60ml	Pesto Princess Sun-dried Tomato Pesto
60ml	Crème Fraîche
60g	Salad Leaves <i>rinse &amp; roughly shred</i>
3 packs	Sliced Rosemary Ham
90g	Emmental <i>slice</i>

## From Your Kitchen

Salt & Pepper  
Water

**1. ON A ROLL** Heat the rolls in a microwave until softened, 15 seconds. Allow to cool slightly before slicing and assembling.

**2. CREAMY PESTO** In a bowl, combine the pesto, the crème fraîche, and seasoning.

**3. TOP, CLOSE, TASTE** Spread the rolls with the creamy pesto. Top with the rinsed shredded salad leaves, the ham, and the cheese slices. Quick and easy, Chef!

## Nutritional Information

Per 100g

Energy	1038kJ
Energy	248kcal
Protein	10.9g
Carbs	25g
of which sugars	0.7g
Fibre	3.7g
Fat	11.2g
of which saturated	4.4g
Sodium	473.6mg

## Allergens

Egg, Gluten, Allium, Wheat, Sulphites,  
Soy, Cow's Milk

Eat  
Within  
4 Days