

# **UCOOK**

## Matloha's Halloumi Hot Dog

with homemade chakalaka, crème fraîche & a Schoon roll

Here, a beautifully soft roll is the vehicle for rich and flavourful kidney bean chakalaka, topped with crispy halloumi slices and drips of crème fraîche. It's our enhanced version of a nostalgic dinnertime treat, with a South African twist — and so easy to make!

Hands-On Time: 40 minutes

Overall Time: 55 minutes

**Serves:** 3 People

Chef: Liziwe Matloha



Vegetarian



Haute Cabrière | Chardonnay Unwooded

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#### Ingredients & Prep

Spring Onions 6 finely sliced, keeping the white & green parts separate

NOMU Indian Rub 15ml

2 Fresh Chillies deseeded & finely chopped **Julienne Carrot** 

cool.

take a bite!

150g Corn drained

225g

85ml

240g

Red Kidney Beans 180g drained & rinsed

Mango Atchar

22,5ml Tomato Paste

Salad Leaves 60g

85ml Créme Fraîche

> Halloumi sliced lengthways into 1cm

rinsed & roughly shredded

thick slabs 3 Schoon Hot Dog Rolls

#### From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper Water

halved

Paper Towel Butter (optional)

1. GET MOVING, IT'S TIME FOR CHAKALAKA! Place a pan over a medium heat with a drizzle of oil. When hot, fry the white spring onion slices for 2-3 minutes until soft. Add in the Indian rub and chopped chilli to taste. Fry for 30-60 seconds until fragrant, shifting continuously. Mix in the julienne carrot and fry for 3-4 minutes, shifting to prevent sticking. Stir through the drained corn, drained kidney beans, mango atchar, and

2. FIX UP TOSE FILLINGS Place the shredded salad leaves in a bowl with a drizzle of olive oil and some seasoning. Toss to combine and set aside for serving. Loosen the crème fraîche with water in 5ml increments until drizzling consistency and set aside for serving.

tomato paste until evenly distributed. Leave to cook for 15-20 minutes

until thick and combined, stirring occasionally. Add a splash of water if

it starts to stick. Season to taste, remove from the pan, and set aside to

3. GOLDEN HALLOUMI Place a clean pan over a medium heat with a drizzle of oil. When hot, fry the halloumi for 1-2 minutes per side until crispy and golden. Remove on completion and allow to drain on some paper towel - and try not to eat it all before serving!

4. ASSEMBLE THIS BEAUT OF A HOT DOG Butter the halves of the rolls (optional). Place 34 of the dressed leaves on the bottom halves and cover in spoonfuls of chakalaka. Top with the crispy halloumi and generously drizzle over the crème fraîche. Toss the remaining leaves with any left over chakalaka and serve on the side. Garnish with the green spring onion slices and close up with the other half of the roll. Go on,

### **Chef's Tip**

Kidney beans are a great source of fibre and plant-based protein. They're also high in B vitamins, manganese, and iron. Use them to bulk up salads, salsas, or stews for extra nutritional value.

#### **Nutritional Information**

Per 100g

nergy	801k
nergy	192Kca
Protein	7.8
Carbs	16
of which sugars	3.4
ibre	3.5
-at	10.9
of which saturated	5.9
Sodium	312mg

#### Allergens

Egg, Gluten, Dairy, Allium, Wheat, Sulphites

> Cook within 1 Day