

UCOOK

Pork & German-style Potato Salad

with sautéed green cabbage & fresh chives

A mouthwatering plate of juicy-on-the-inside, crispy-on-the-outside pork schnitzel, sided with a cabbage and potato salad that has a welcome warmth of Dijon mustard, dotted with pops of briny gherkins & fresh chives.

Hands-on Time: 35 minutes

Overall Time: 40 minutes

Serves: 2 People

Chef: Thea Richter

*NEW Simple & Save

Strandveld | First Sighting Rosé

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Ingredients & Prep

400g Potato

 peeled (optional) & cut into bite-sized pieces

 200g Cabbage

finely sliced

30ml Dressing
(20ml White Wine Vinegar
& 10ml Dijon Mustard)

300g Pork Schnitzel (without crumb)

10ml NOMU One For All Rub50g Gherkins

drained & roughly chopped

8g Fresh Chives rinsed & finely chopped

From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper Water

Sugar/Sweetener/Honey

Butter (optional)

1. LET IT BOIL Place a pot of cold salted water over a high heat. Add the potato pieces and bring to the boil. Once boiling, reduce the heat and simmer until soft, 15-20 minutes. Drain on completion.

2. SAUERKRAUT-INSPIRED STEP Place a pan over a medium-high heat with a drizzle of oil. When hot, fry the sliced cabbage until softened, 2-3 minutes (shifting occasionally). Add the dressing, a drizzle of oil, and a sweetener. Mix until combined. Once combined, immediately remove from the pan and place in a salad bowl.

3. FRY BABY Return the pan to a high heat with a drizzle of oil. When hot, pan-fry the schnitzel until golden and cooked through, 30-60 seconds per side. In the final minute, baste with 40g of butter or a drizzle

remaining pan juices.

4. MIX IT UP To the bowl with the cabbage, add the cooked potatoes, the chopped gherkins, ½ the chopped chives, seasoning and mix until combined.

of oil and the NOMU rub. Remove from the pan, season and reserve the

5. LET'S EAT! Pile up the potato salad, alongside with the juicy pork, drizzling over the remaining pan juices. Sprinkle over the remaining chives. Delish work, Chef!

Nutritional Information

Per 100g

Energy 334kl Energy 80kcal Protein 8.3g Carbs 9g of which sugars 1.2g Fibre 1.6g Fat 1.3g of which saturated 0.4q

Allergens

Sodium

Allium, Sulphites

Cook within 2 Days

124mg