

UCOOK

Classic Chicken Sandwich

with golden baby potato wedges

Hands-on Time: 30 minutes
Overall Time: 50 minutes

Simple & Save: Serves 3 & 4

Chef: Jade Summers

Wine Pairing: Paul Cluver | Sauvignon Blanc

| Nutritional Info | Per 100g | Per Portion |
|--------------------|----------|-------------|
| Energy | 617kJ | 4159kJ |
| Energy | 147kcal | 995kcal |
| Protein | 7.3g | 49g |
| Carbs | 24g | 165g |
| of which sugars | 3.7g | 25g |
| Fibre | 1.3g | 8.5g |
| Fat | 6.3g | 42.4g |
| of which saturated | 0.6g | 3.8g |
| Sodium | 212mg | 1429mg |

Allergens: Cow's Milk, Gluten, Allium, Wheat, Sulphites,

Soy

Spice Level: Mild

| Serves 3 | [Serves 4] | |
|----------|--|---|
| 600g | 800g | Baby Potatoes rinse & cut into wedges |
| 3 | 4 | Ciabatta Rolls |
| 450g | 600g | Free-range Chicken Mini Fillets |
| 15ml | 20ml | NOMU Roast Rub |
| 60g | 80g | Green Leaves rinse |
| 2 | 2 | Tomatoes rinse & slice into rounds |
| 60g | 80g | Gherkins drain & roughly slice |
| 240ml | 320ml | Sweet Chilli Mayo (195ml [260ml] Mayo & 45ml [60ml] Thai Sweet Chilli Sauce) |
| From Yo | ur Kitchen | |
| | king, olive or g (salt & per wel | • |

Butter

- 1. BABY POTATOES Preheat the oven to 200°C. Spread the baby potatoes on a roasting tray. Coat in oil and season. Roast in the hot oven until crispy, 30-35 minutes (shifting halfway). Alternatively, air fry at 200°C until crispy, 25-30 minutes (shifting halfway).
- 2. BUTTERY BUN Halve the buns, and spread butter or oil over the cut-side. Place a pan over medium heat. When hot, toast the buns, cut-side down, until golden, 1-2 minutes.
- 3. NOMU-SPICED CHICKEN Return the pan to medium heat with a drizzle of oil. Pat the chicken dry with paper towel. Fry the chicken until golden and cooked through, 1-2 minutes per side. In the final 30-60 seconds, baste with a knob of butter and the NOMU rub. You may need to do this step in batches. Remove from the pan, season, and set aside.
- 4. CLASSIC FOR A REASON, CHEF! Place the buns, cut-side up, on a plate. Top with the green leaves, the tomato, the gherkin, and the chicken. Dollop over ½ the sweet chilli mayo, and serve alongside the roasted potato wedges. Serve the remaining sweet chilli mayo on the side for dunking.