

UCOOK

Pork Chorizo Noodles, Spanish Style

with kidney beans & peas

Al dente egg noodles are loaded with interesting ingredients for a satisfying lunch rich kidney beans, plump peas, salty chorizo, and a dressing of sour cream elevated with Colleen's Handmade Smoked Paprika Chilli Sauce.

Hands-on Time: 8 minutes Overall Time: 10 minutes

Serves: 4 People

Chef: Kate Gomba

*New Lunch

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Ingredients & Prep		
4 cakes	Egg Noodles	
160g	Peas	
80ml	Colleen's Handmade Smoked Paprika Chilli Sauce	
200ml	Sour Cream	
240g	Kidney Beans drain & rinse	
120g	Sliced Pork Chorizo roughly chop	
2	Spring Onions rinse, trim & roughly slice	

From Your Kitchen

Salt & Pepper Water 1. PEAS & NOODLES Boil the kettle. Place the noodles and the peas in a bowl and submerge in boiling water. Cook in the microwave until al dente, 8 minutes. Drain (reserving the water) by placing a plate over the bowl, leaving a small gap for the water to drain.

2. LOAD WITH FLAVOUR In a serving bowl, combine the chilli sauce (to taste), and the sour cream. Loosen with the reserved water in 10ml increments until drizzling consistency. Add the noodles, the peas, the kidney beans, the chopped chorizo, seasoning, and mix to combine. Garnish with the sliced spring onion, and dig in and enjoy!

Nutritional Information

Per 100g

Energy	882k
Energy	211kcal
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Protein	9.2g
Carbs	23g
of which sugars	1.8g
Fibre	2.8g
Fat	7.4g
of which saturated	3.1g
Sodium	196.5mg

Allergens

Cow's Milk, Egg, Gluten, Allium, Wheat, Sulphites, Sugar Alcohol (Xylitol), Alcohol