

UCOOK

Jalapeño Potato Salad & Beef Strips

with crispy onions bits & a fresh salad

Don't you love it when things just come together in the kitchen, Chef? The result of your culinary talent will be a flavoursome plate featuring NOMU BBQ Rub-spiced browned beef strips covered in melted cheese, a spicy potato salad dotted with crispy onion sprinkle & pickled jalapeños, with a corn, feta & greens salad.

Hands-on Time: 15 minutes

Overall Time: 20 minutes

Serves: 1 Person

Chef: Megan Bure

Quick & Easy

Stettyn Wines | Stettyn Family Range Cabernet

Sauvignon

Loved the dish? Let us know. Join the UCOOK community. Share your creations + tag us @ucooksa #lovingucook

Ingredients & Prep			
200g	Potato Chunks		
50g	Corn		
20g	Salad Leaves rinse & shred		
20g	Danish-style Feta drain		
40ml	Mayo		
10ml	Crispy Onion Bits		
15g	Sliced Pickled Jalapeños drain & chop		
150g	Beef Rump Strips		
5ml	NOMU BBQ Rub		
30g	Grated Cheddar Cheese		
From Your Kitchen			
Oil (cooking, olive or coconut)			

Salt & Pepper

Water

Paper Towel

Butter

1. SPICY SPUDS Place the potato pieces in a pot of salted water. Bring to a boil and cook until soft, 15-20 minutes. Drain and return to the pot. Mix through the chopped jalapeños (to taste), the mayo, ½ the crispy onions,

and seasoning. Cover and set aside.

- 2. CORN & FETA SALAD Place a pan over medium-high heat with a drizzle of oil. When hot, fry the corn until lightly charred, 2-3 minutes (shifting occasionally). Remove from the pan. To a salad bowl, add the shredded leaves and toss with the drained feta, the charred corn, a drizzle of olive oil, and seasoning.
- 3. CHEESY STRIPS Return the pan (with a lid) to high heat with a drizzle of oil. Pat the beef strips dry with paper towel. When hot, sear the beef until browned, 20-30 seconds (shifting occasionally). In the final 20 seconds, baste with a knob of butter and the NOMU rub. Season and scatter over the grated cheese and cover until melted. Remove from the heat and season.
- 4. CAN I HAVE SECONDS? Plate up the cheesy beef and serve the spicy potato salad alongside. Serve the fresh salad on the side and garnish with the remaining crispy onions and dig in!

Nutritional Information

Per 100g

Energy

. 01	
Energy	184kcal
Protein	9.5g
Carbs	11g
of which sugars	2.5g
Fibre	1.1g
Fat	9.4g
of which saturated	2.9g
Sodium	187mg

770kI

Allergens

Cow's Milk, Gluten, Allium, Wheat, Sulphites

> Eat Within 3 Days