

UCOOK

Asian-style Tropical Pork

with fresh mint & stonefruit

Nothing beats a secret sauce to elevate any meal, Chef! We let you in on this classified culinary trick with a special UCOOK umami sauce, which covers al dente egg noodles, browned strips of pork, & silky onions. Top with some tropical freshness featuring sweet stonefruit, chilli & mint.

Hands-on Time: 35 minutes

Overall Time: 40 minutes

Serves: 3 People

Chef: Kate Gomba

Simple & Save

Deetlefs Wine Estate | Deetlefs Stonecross

Pinotage

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Ingredients & Prep

| 3 cakes | Egg Noodles |
|---------|---|
| 60g | Green Leaves rinse & finely shred |
| 2 | Stonefruit rinse & roughly chop, discarding the pip |
| 8a | Fresh Mint |

2 Fresh Chillies rinse, trim, deseed & finely slice

rinse & finely chop

- 450g Pork Schnitzel (without crumb)
- 2 Onions peel & roughly slice
- 180ml Umami Sauce (75ml Oyster Sauce, 75ml Tomato Sauce & 30ml Rice Wine Vinegar)

From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper

Water

Paper Towel

1. NOODLES Bring a pot of salted water to a boil for the noodles. Cook the noodles until al dente, 7-8 minutes. Drain and rinse in cold water.

- 2. TROPICAL SALSA In a bowl, combine the shredded green leaves, the stonefruit pieces, the chopped mint, the sliced chilli (to taste), a drizzle of olive oil, and seasoning.
- 3. PORK STRIPS Place a pan over medium-high heat with a drizzle of oil. Pat the schnitzel dry with paper towel and cut into 1cm strips. When hot, sear the pork strips until browned, 1-2 minutes (shifting occasionally). Remove from the pan and season. You may need to do this step in batches.
- 4. ALL TOGETHER Return the pan to medium heat with a drizzle of oil if necessary. When hot, fry the sliced onion until soft and lightly golden, 5-6 minutes. Mix in the cooked noodles, the pork strips, the umami sauce, and a splash of water. Remove from the heat.
- 5. DINNER IS READY Dish up the loaded noodles and top with the stonefruit salsa. Buon appetito, Chef!

Nutritional Information

Per 100g

| Energy | 436kJ |
|--------------------|---------|
| Energy | 104kcal |
| Protein | 7.8g |
| Carbs | 14g |
| of which sugars | 4.5g |
| Fibre | 0.9g |
| Fat | 1.5g |
| of which saturated | 0.5g |
| Sodium | 271mg |
| | |

Allergens

Egg, Gluten, Allium, Wheat, Sulphites, Soy, Shellfish

> Eat Within 2 Days