

UCOOK

Parmalat's Brie & Cranberry Baguette

with an artichoke salad & Parmalat's Rosemary & Thyme Butter

Hands-on Time: 78"&fiŽi \$
Overall Time: 9: "&fiŽi \$

Serves: 7"%"; "

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Ingredients & Prep		1. CARAMELISED ONIONS %/#~~//;/. ~~~~~L~&~*fŽ&~"\~/ fil'~// *bil'~~f1"f1"/. *~%k&//\\$O`\$`&/b\~1~2"\&~~3Ž\\L4"\~. ~\~1\~1"\~f1"b\~ \\"~~\$f#~*~. fi. ~Z. \f1"#/b/&~'f\$~*z~J&8~&fiŽ\~\$F\$"ffili. ~~##/\$fi./''\{G4	Nutritional Information % £788.	
>8.	%t&/'/ı'\$"O`\$" &/\E'"1 " 2"+&` "3Žıı`\E) 11" * "'/'f] /		
? 78. 7 98&' A8. : 8.	O`*"@. fi. peeled & roughly sliced /'. Ži\$ roughly chopped 5`ŽŁ*`Ž.""3/. Ž`II`\$ sliced in half lengthways 3/'\$'&f#" <fi`_)="" \https:<="" ``\$="" bł`."c'="" rinsed="" td="" ł=""><td rowspan="2">2. NUTS FOR WALNUTS "fi" i" ". fi. "f\$"#/½% 'f\$fi z'; //# 'i" " #" ';; '*", /'. Ži\$"fi "/"; /. "" 'E'& *fŽ&" ''./42/\$"Ž. ifi" '*" . "+Ł', . ž' 76% & fi Ži \$T\$" filli [" ##/\$fi ./" + G4O & " "fl & i" ", /. "/. * "\$ i // \$ft 4 3. CRISPY BAGUETTE 5& '/Łi" "#Ži\$ft \$" fil" "+/, Ž i i \$", fil" "+Ži i Ł' Ł"*Łfi i '", fil" "fl4O iŽŁ i!" ', /. 'i '% *fŽ& "' / i4 " " . "' i 'iz/**" i" ' +/, Ž i i \$"#Ži\$ft "* ', . ž/. * i '/ \$' Z. i fil" +Ł', . * * ž?6"% fi Ži '\$4 4. ARTICHOKE SALAD K "/\$'/*" + ', 'Z# & +fi " '" " fi ' /½/"*Lfi i '" fī 'fi "fiz/"\$, " i ' Łz/. * \$'/\$". fi _42 \$\$i" Ł Ž " L 'i" ' Li \$ * " Ł' '' \$z'i" '/ Lfi#" - '"; fi # \$z'i" '#Z#Ž& + 'L"/f6& ' . \$z'/. * 'L 'i" ''/\$ *" , /'. Ži\$4 5. ASSEMBLE! 2; 'i" " "+ 'ii & "'/'fī' fil" " '' /\$ * "+/, Ž ii '\$", fil' 'i" " Ł &/fi fi _", Ł ' . "' /' \$z'i" " +Łfi "\$f# \$z'/. * " '' "#/Ł/& "f\$ * ". fi. 4 M "'; "" " Ł' i" "#/. + ŁŁł "/& ž/. * "\$ £fi - ' " " Ł' ½ * fi i i _, /'. Ži\$4 ! '`\$ "Ž; 'i" " "+/, Ž ii" \$'/. * "\$ft ", fil" 'i" " *Ł \$\$ * "\$'/* 4N, / † ž! " `f(</td><td>N. ~ Ł, ł " % ~ i ~ fi ! / Ł + \$ ~ ff, " f#" ~\$Ž, / Ł\$ Pfi Ł * P/ I ~ ff, " f#" ~\$\forall i \forall L / I \cdot * \$ \tau \tau \tau \tau \tau \tau \tau \tau</td><td>OA: -E 77>-#/' >4A. 7: . A4O. 94Q. ??47. : 4.</td></fi`_>	2. NUTS FOR WALNUTS "fi" i" ". fi. "f\$"#/½% 'f\$fi z'; //# 'i" " #" ';; '*", /'. Ži\$"fi "/"; /. "" 'E'& *fŽ&" ''./42/\$"Ž. ifi" '*" . "+Ł', . ž' 76% & fi Ži \$T\$" filli [" ##/\$fi ./" + G4O & " "fl & i" ", /. "/. * "\$ i // \$ft 4 3. CRISPY BAGUETTE 5& '/Łi" "#Ži\$ft \$" fil" "+/, Ž i i \$", fil" "+Ži i Ł' Ł"*Łfi i '", fil" "fl4O iŽŁ i!" ', /. 'i '% *fŽ& "' / i4 " " . "' i 'iz/**" i" ' +/, Ž i i \$"#Ži\$ft "* ', . ž/. * i '/ \$' Z. i fil" +Ł', . * * ž?6"% fi Ži '\$4 4. ARTICHOKE SALAD K "/\$'/*" + ', 'Z# & +fi " '" " fi ' /½/"*Lfi i '" fī 'fi "fiz/"\$, " i ' Łz/. * \$'/\$". fi _42 \$\$i" Ł Ž " L 'i" ' Li \$ * " Ł' '' \$z'i" '/ Lfi#" - '"; fi # \$z'i" '#Z#Ž& + 'L"/f6& ' . \$z'/. * 'L 'i" ''/\$ *" , /'. Ži\$4 5. ASSEMBLE! 2; 'i" " "+ 'ii & "'/'fī' fil" " '' /\$ * "+/, Ž ii '\$", fil' 'i" " Ł &/fi fi _", Ł ' . "' /' \$z'i" " +Łfi "\$f# \$z'/. * " '' "#/Ł/& "f\$ * ". fi. 4 M "'; "" " Ł' i" "#/. + ŁŁł "/& ž/. * "\$ £fi - ' " " Ł' ½ * fi i i _, /'. Ži\$4 ! '`\$ "Ž; 'i" " "+/, Ž ii" \$'/. * "\$ft ", fil" 'i" " *Ł \$\$ * "\$'/* 4N, / † ž! " `f(N. ~ Ł, ł " % ~ i ~ fi ! / Ł + \$ ~ ff, " f#" ~\$Ž, / Ł\$ Pfi Ł * P/ I ~ ff, " f#" ~\$\forall i \forall L / I \cdot * \$ \tau \tau \tau \tau \tau \tau \tau \tau	OA: -E 77>-#/' >4A. 7: . A4O. 94Q. ??47. : 4.
?88.	bite-sized pieces ! Ž#Ž&+~ 'L cut into half-moons		B 'Ži ˇ . ž 【M ftd ž') ''fŽ&ž´ '' ˇ / i ž u Ž'; '' fi ˇ \$ž´ 2ž ˇ ˝ R Ži\$	
?7: .	3tfi'! "``\$`" sliced			
>8&'	!			
From Your Kitchen				
@fi'F#``-fi_ž~'fi`~'£##*.ŽiG 5/'i~1~%;;`Ł /i`Ł 5Ž_/ĿH5,``i`.`ĿHD`.`} 3Žii`Ł'F; ifi./'G				Cook within 4 Days