

## **UCOOK**

## **Ham Caprese Croissant**

with basil pesto & green leaves

Hands-on Time: 5 minutes Overall Time: 5 minutes

Lunch: Serves 1 & 2

Chef: Samantha du Toit

Nutritional Info	Per 100g	Per Portion
Energy	1345kJ	3208kJ
Energy	322kcal	767kcal
Protein	12g	28.7g
Carbs	24g	58g
of which sugars	6.3g	14.9g
Fibre	2.3g	6.3g
Fat	19.7g	46.9g
of which saturated	8.9g	21.2g
Sodium	518mg	1235.5mg

Allergens: Cow's Milk, Egg, Gluten, Allium, Wheat, Sulphites, Tree Nuts, Soy

Ingredients & Prep Actions:		
Serves 1	[Serves 2]	
1	2	Croissant/s
30ml	60ml	Pesto Princess Basil Pesto
10g	20g	Green Leaves
1 pack	2 packs	Sliced Ham
30g	60g	Grated Mozzarella Cheese
From Yo	ur Kitchen	

slightly before slicing and assembling.

2. FILLED WITH FLAVOUR Spread the croissant/s with the pesto. Top with the green leaves, the ham,

1. BUTTERY CROISSANT Heat the croissant/s in a microwave until softened, 15 seconds. Allow to cool

and the cheese. Close up and enjoy, Chef!

**Chef's Tip** Slice the croissant and fill with the cheese before microwaving if you'd prefer the cheese melted and oozy.