



UCCOOK

Pork Neck & Jalapeño Salsa

with sour cream, corn, kidney beans, & pickled jalapeños

Hands-on Time: 20 minutes

Overall Time: 20 minutes

Quick & Easy: Serves 1 & 2

Chef: Suné van Zyl

Wine Pairing: Groote Post Winery | Groote Post Riesling

Nutritional Info

	Per 100g	Per Portion
Energy	748kJ	5879kJ
Energy	179kcal	1406kcal
Protein	3.9g	30.7g
Carbs	12g	97g
of which sugars	2g	15.9g
Fibre	1.8g	14.1g
Fat	12.3g	96.9g
of which saturated	4.6g	36.3g
Sodium	97mg	762mg

Allergens: Sulphites, Cow's Milk, Allium

Spice Level: Mild

Eat Within 2 Days

Ingredients & Prep Actions:

Serves 1	[Serves 2]	
75ml	150ml	Jasmine Rice <i>rinse</i>
3g	5g	Fresh Coriander <i>rinse, pick & roughly chop</i>
3g	5g	Fresh Parsley <i>rinse, pick & roughly chop</i>
160g	320g	Pork Neck Steak
10ml	20ml	NOMU Spanish Rub
50g	100g	Corn
1	1	Bell Pepper <i>rinse, deseed & cut ¼ [½] into bite-sized pieces</i>
60g	120g	Kidney Beans <i>drain & rinse</i>
1	1	Tomato <i>rinse & roughly dice ½ [1]</i>
15g	30g	Sliced Pickled Jalapeños <i>drain & roughly chop</i>
10ml	20ml	Lime Juice
50ml	100ml	Sour Cream

From Your Kitchen

Oil (cooking, olive or coconut)
Seasoning (salt & pepper)
Water
Paper Towel
Butter

1. RICE Place the rice in a pot with 150ml [300ml] of salted water. Cover with a lid and bring to a boil. Reduce the heat and simmer until the water has been absorbed, about 10 minutes. Remove from the heat and steam, 8-10 minutes. Fluff with a fork, add the herbs, and cover.

2. PORK NECK Place a pan over medium-high heat with a drizzle of oil. Pat the pork dry with paper towel. When hot, sear the pork until browned, 4-6 minutes per side. In the final 1-2 minutes, baste with ½ the NOMU rub, and a knob of butter. Remove from the pan, reserving the pan juices, and rest for 5 minutes before slicing and seasoning.

3. SALSA Return the pan to medium heat with a drizzle of oil, fry the corn and the peppers until lightly charred, 2-3 minutes. In the final 1 minute, add the remaining NOMU rub. To a bowl, add the beans, the tomato, the jalapeños (to taste), the lime juice (to taste), a drizzle of olive oil, and season. Loosen the sour cream with water in 5ml increments until a drizzling consistency.

4. DINNER IS READY Dish up the rice, top with the pork neck, and drizzle over the reserved pan juices. Scatter over the salsa and drizzle over the sour cream. Great job, Chef!