

UCOOK

Snoek Fishcakes & Herby Pea Salad

with buttery baby potatoes & Danish-style feta

In this delish dish, golden snoek fishcakes are sided with buttery baby potatoes & a herby pea salad that features rounds of radish, ribbons of refreshing cucumber, and creamy feta. It's a classic weeknight dinner the entire fam will love.

Hands-on Time: 20 minutes

Overall Time: 30 minutes

Serves: 1 Person

Chef: Rhea Hsu

Fan Faves

Waterford Estate | Waterford Pecan Stream

Sauvignon Blanc

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Ingredients & Prep

200g Baby Potato rinse & halve

50g Peas

1 pack Crumbed Snoek Fishcakes

15ml Red Wine Vinegar20g Salad Leaves

rinse & roughly shred

100g Cucumber rinse & peel into ribbons

Radish
rinse & slice into thin
rounds

3g Fresh Dill rinse, pick & roughly chop

20g Danish-style Feta

From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper Water

20g

Sugar/Sweetener/Honey

Butter

Paper Towel

1. BUTTERY POTATOES Place the halved baby potatoes in a pot (with a lid) of salted water. Bring to a boil and cook until soft, 15-20 minutes. Drain and return to the pot with a knob of butter and seasoning. Cover

and shake until the butter is melted and the potatoes are coated.

2. PLUMP PEAS Boil the kettle. Submerge the peas in boiling water until plump, 2-3 minutes. Drain and set aside.

3. FRY THE FISHCAKES Place a pan over medium heat with enough oil to cover the base. When hot, fry the fishcakes until golden and crispy, 2-3 minutes per side. Remove from the pan and drain on paper towel. Season.

4. FRESH SALAD In a salad bowl, combine the vinegar, a drizzle of olive oil, a sweetener (to taste), seasoning, the shredded salad leaves, the plumped peas, the cucumber ribbons, the radish rounds, and ½ the chopped dill.

5. WHAT A PLATE! Plate up the fishcakes. Side with the buttery baby potatoes and the herby pea salad. Crumble the feta over the salad and garnish the potatoes with the remaining dill. Cheers!

Chef's Tip

Air fryer method: Air fry the fishcakes at 200°C until crispy, 10-15 minutes (shifting halfway).

Nutritional Information

Per 100g

474kI Energy 111kcal Energy Protein 5g Carbs 13g of which sugars 1.9g Fibre 1.8g Fat 3.5g of which saturated 1.2g Sodium 298ma

Allergens

Gluten, Allium, Wheat, Sulphites, Fish, Cow's Milk, Shellfish

Eat
Within
2 Days