



QCOOK

Crumbed Pork Bites & Chips

with tangy mayo & fresh cucumber

Hands-on Time: 15 minutes

Overall Time: 35 minutes

Simple & Save: Serves 1 & 2

Chef: Megan Bure

Wine Pairing: Stettyn Wines | Stettyn Family Range Shiraz

Nutritional Info

	Per 100g	Per Portion
Energy	862kJ	4764kJ
Energy	206kcal	1139kcal
Protein	7g	38.7g
Carbs	17g	92g
of which sugars	1.1g	6.3g
Fibre	1.6g	8.6g
Fat	12.7g	70.2g
of which saturated	3.2g	17.8g
Sodium	187mg	1033mg

Allergens: Egg, Gluten, Allium, Wheat, Sulphites

Eat Within 1 Day

Ingredients & Prep Actions:

Serves 1	[Serves 2]	
200g	400g	Potato <i>rinse & cut into thick chips</i>
150g	300g	Pork Mince
10ml	20ml	NOMU Cajun Rub
30ml	60ml	Cake Flour
150ml	300ml	Panko Breadcrumbs
20g	40g	Salad Leaves <i>rinse & roughly shred</i>
15ml	30ml	Lemon Juice
50g	100g	Cucumber <i>rinse & roughly dice</i>
1 unit	1 unit	Tangy Mayo

From Your Kitchen

Oil (cooking, olive or coconut)

Water

Egg/s

Paper Towel

Seasoning (salt & pepper)

1. OVEN CHIPS Preheat the oven to 200°C. Spread the potato chips on a roasting tray. Coat in oil and season. Roast in the hot oven until crispy, 30-35 minutes (shifting halfway). Alternatively, air fry at 200°C until crispy, 25-30 minutes (shifting halfway).

2. ON A ROLL In a bowl, combine the mince with the NOMU rub and seasoning. Mix well and divide into 4 [8] equal portions. Roll into small balls and flatten slightly to form mini patties.

3. PERFECT PORK PATTIES Whisk 1 egg in a bowl. Prepare two shallow dishes: one containing the flour (seasoned lightly), and one containing the breadcrumbs. Coat each patty in the seasoned flour, dusting off any excess flour. Then, coat in the whisked egg, and, lastly, in the crumb. Repeat this step with each patty ball. Set aside.

4. CRISP UP THAT CRUMB Place a pan over medium heat with enough oil to cover the base. When hot, fry the crumbed patties until browned, 1-2 minutes per side. Remove from the pan, drain on paper towel, and season.

5. SIMPLE SALAD To a bowl, add the salad leaves. Toss with the lemon juice (to taste), the cucumber, a drizzle of olive oil, and seasoning. Set aside.

6. DONE? YUM! Plate up the golden chips and the crispy pork bites. Serve the salad on the side. Drizzle it all with the loosened mayo and dig in!