



UCOOK

Olive, Honey, Jalapeño & Chicken Pizza

with toasted almonds

There's nothing wrong with the classic pizza combos, but if you want to really impress with your culinary skills, the ham & mushroom combo isn't going to cut it. So, grab the honey and let's make a bee-autiful pizza featuring a NOMU Italian Rub-spiced tomato sauce, shredded chicken, caramelised onions, an olive medley, and toasted almonds.

Hands-on Time: 40 minutes

Overall Time: 55 minutes

Serves: 4 People

Chef: Samantha du Toit

Adventurous Foodie

Paul Cluver | Village Pinot Noir

Loved the dish? Let us know. Join the UCOOK community. Share your creations + tag us @ucooksa #lovingucook

Ingredients & Prep

| | |
|-------|---|
| 60g | Almonds |
| 600g | Free-range Chicken Mini Fillets |
| 2 | Onions <i>peel & finely slice</i> |
| 400ml | Tomato Passata |
| 40ml | NOMU Italian Rub |
| 80g | Mixed Olives <i>(40g Pitted Kalamata Olives & 40g Pitted Green Olives)</i> |
| 4 | Pizza Bases |
| 40ml | Honey |
| 80g | Sliced Pickled Jalapeños <i>drain & roughly chop</i> |
| 200g | Grated Mozzarella Cheese |
| 40g | Fresh Basil <i>rinse & pick</i> |

From Your Kitchen

Oil (cooking, olive or coconut)
Water
Sugar/Sweetener/Honey
Paper Towel
Butter (optional)
Seasoning (salt & pepper)

1. POPPIN' RECIPE Preheat the oven to 200°C. Place the almonds in a pan over medium heat. Toast until golden brown, 2-4 minutes (shifting occasionally). Remove from the pan and set aside.

2. SHREDDED CHICKEN Return the pan to medium heat with a drizzle of oil. Pat the chicken dry with paper towel. When hot, fry the chicken until golden and cooked through, 1-2 minutes per side. You may need to do this step in batches. Remove from the pan and place in a bowl. Shred with two forks, season, and set aside.

3. SWEET ONIONS Return the pan to medium heat with a drizzle of oil and a knob of butter (optional). When hot, fry the sliced onion until caramelised, 12-15 minutes (shifting occasionally). At the halfway mark, add a sweetener. Remove from the pan, season, and cover.

4. ALL ABOUT THE TOMATO BASE In a small bowl, combine the tomato passata, the NOMU rub, and seasoning. Drain and roughly slice the mixed olives. Set both aside.

5. INTO THE OVEN Remove the pizza bases from the freezer. Spread the tomato sauce over the pizza base. Carefully slide the base directly onto the oven rack and cook until the base is crispy, 7-10 minutes.

6. ADD SOME TOPPINGS When the pizzas have 3-4 minutes remaining, remove from the oven and top with the shredded chicken, the caramelised onions, and the sliced olives. Drizzle generously with the honey. Scatter over the chopped jalapeños and the grated cheese. Return to the oven for the remaining time until the cheese is melted.

7. PIZZA NIGHT! Garnish the chicken & jalapeño pizza with the toasted nuts and the rinsed basil. Finish it off with a crack of black pepper and a pinch of salt. Grab a slice, Chef!

Nutritional Information

Per 100g

| | |
|--------------------|---------|
| Energy | 611kJ |
| Energy | 146kcal |
| Protein | 9.3g |
| Carbs | 16g |
| of which sugars | 4.7g |
| Fibre | 2g |
| Fat | 4.2g |
| of which saturated | 1.4g |
| Sodium | 235mg |

Allergens

Cow's Milk, Gluten, Allium, Wheat,
Sulphites, Tree Nuts

Eat
Within
3 Days