

UCOOK

Paul Cluver's Citrus-Soy Chicken & Rice

with cucumber ribbons & crispy wonton strips

Two words describe this sweet citrus-soy chicken rice bowl. 'Yum' and 'yum', Chef! A bed of fluffy basmati rice forms the base in the bowl, which is topped with garlic & ginger, and sweet citrus-soy chicken. Then comes the cooling cucumber, crispy wonton strips, and sriracha mayo drizzle. Finished with kimchi for an extra yum.

Hands-on Time: 35 minutes

Overall Time: 50 minutes

Serves: 4 People

Chef: Paul Cluver

Fan Faves

Paul Cluver | Sauvignon Blanc 2023

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Ingredients & Prep	
400ml	White Basmati Rice
10	Wonton Wrappers cut into 2cm thick strips
245ml	Sweet-Citrus Soy (125ml Orange Juice, 60n Low Sodium Soy Sauce & 60ml Honey)
40g	Fresh Ginger peel & grate
2	Garlic Cloves peel & grate
600g	Free-range Chicken Mini Fillets
40ml	Cornflour
2 units	Sriracha Mayo
400g	Cucumber rinse & roughly dice
2	Spring Onions rinse, trim & finely slice
200g	Kimchi drain & roughly chop
From Your Kitchen	
Oil (cooking, olive or coconut) Salt & Pepper Water Paper Towel	

1. FLUFFY RICE Place the rinsed rice in a pot with 800ml of salted water. Cover with a lid and bring to a boil. Reduce the heat and simmer until the water has been absorbed, 8-10 minutes. Remove from the heat and set aside to steam, 8-10 minutes. Fluff with a fork and cover. 2. CRISPY WONTON STRIPS Place a pan over high heat with enough oil to cover the base. When hot, fry the wonton strips until crispy and golden, 30-60 seconds per side. You may need to do this step in batches. Drain

30-60 seconds per side. You may need to do this step in batches. Drain on paper towel and season. 3. CITRUS-SOY CHICKEN In a bowl, combine the sweet citrus-soy, the grated ginger & garlic, and seasoning. Set aside. Pat the chicken dry with paper towel. Cut into bite-sized pieces and coat in the cornflour. Return the pan to medium heat with enough oil to cover the base. When hot, fry

to the pan with the chicken. Return the pan to medium heat and simmer until slightly thickened, 3-4 minutes. Remove from the heat.

4. SRIRACHA MAYO SAUCE In a small bowl, loosen the sriracha mayo with water in 5 ml increments until drizzling consistency.

the chicken until browned, 1-2 minutes per side. Remove from the heat

and drain the oil. Add the sweet citrus-soy sauce and a splash of water

5. YUM YUM RICE BOWLS Bowl up the rice. Top with the chicken & all the sauce and the diced cucumber. Drizzle over the loosened sriracha mayo. Scatter over the toasted wonton strips. Garnish with the sliced spring onion and the chopped kimchi.

Nutritional Information

Per 100g

Energy

731kl

8.3g

22g

4.4g

6.4g

1.1g

246mg

1g

175kcal

Energy Protein Carbs

Carbs of which sugars

of which saturated

ot which sugars Fibre Fat

Sodium

Allergens

Egg, Gluten, Allium, Wheat, Sulphites, Soy

Eat

Within 3 Days