

UCOOK

Gourmet Beef Sliders

with potato wedges & mayo

Juicy, homemade beef patties are nestled in pillowy slider buns, and accompanied by all the classics: caramelised onion, gherkin rounds, and melty mozzarella cheese. Served alongside crispy potato wedges. It's a party on a plate, and your taste buds are invited to the tastiest shindig in town!

Hands-on Time: 30 minutes

Overall Time: 40 minutes

Serves: 3 People

Chef: Megan Bure

Fan Faves

Deetlefs Wine Estate | Deetlefs Stonecross

Cabernet Sauvignon

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Ingredients & Prep

600g Potato rinse & cut into wedges Onions peel, finely dice 1/4 & roughly slice 3/4

450g Free-range Beef Mince

> Mozzarella Cheese cut into thin slices

NOMU Italian Rub

Slider Buns cut in half

Salad Leaves 60g

rinse & finely shred 60g

15ml

120g

9

Gherkins

drain & cut into thin rounds

150ml Mayo

From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper Water

Sugar/Sweetener/Honey

Butter (optional)

1. ON A WEDGE Preheat the oven to 200°C. Spread the potato wedges on a roasting tray. Coat in oil and seasoning. Roast in the hot oven until crispy, 35-40 minutes (shifting halfway).

2. CARAMELISED ONION Place a pan over medium heat with a drizzle of oil and a knob of butter (optional). When hot, fry the sliced onion until caramelised, 10-12 minutes (shifting occasionally). At the halfway mark, add a sweetener (to taste). Remove from the pan, season, and cover.

3. MINI PATTIES In a bowl, combine the mince, the diced onion (to taste), the NOMU rub, and seasoning. Wet your hands slightly and shape the mince mixture into 9 mini patties, about 1cm thick. Set aside.

4. FRY & MELT Return the pan to medium-high heat with a drizzle of oil. When hot, fry the patties until browned and cooked to your preference, 2-4 minutes per side. In the final minute, top the patties with the cheese slices and cover to melt. Remove from the pan and season.

5. FINAL TOUCHES Spread butter (optional) or oil over the cut-side of the halved buns. Return the pan, wiped down, to medium heat. When hot, toast the buns cut-side down until golden, 1-2 minutes.

6. STACK 'EM & ATTACK 'EM Plate up the toasted slider buns and top with the shredded leaves, the cheese-covered burger patties, the caramelised onion, and the gherkin slices. Smear the top bun halves with the mayo and then close them up. Side with the potato wedges and the remaining mayo on the side for dunking. Delish work, Chef!



Air fryer method: Coat the potato wedges in oil and seasoning. Air fry at 180°C until crispy, 25-30 minutes (shifting halfway). In the final 5 minutes, increase to 200°C.

Nutritional Information

Per 100a

766kI Energy 183kcal Energy Protein 6.8g Carbs 16g of which sugars 3.6g Fibre 1.4g Fat 10.3g of which saturated 2.7g Sodium 140mg

Allergens

Gluten, Allium, Sesame, Wheat, Sulphites, Soy, Cow's Milk

> Eat Within 3 Days