



UCOOK

Crispy Bacon & Butternut Gnocchi

with garlic, fresh basil & grated Italian-style hard cheese

Get ready to knock a gnocchi recipe out of the park! You'll be cooking an impressive dish today but won't have to put in hours behind the stove to achieve the delectable taste of pillowy butternut gnocchi, crispy bacon, and pops of peas, all covered in a creamy garlic, wine & tomato sauce.

Hands-on Time: 20 minutes

Overall Time: 30 minutes

Serves: 1 Person

Chef: Rhea Hsu

 Quick & Easy

 Paserene | Bright Chardonnay

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Ingredients & Prep

175g	Butternut Gnocchi
4 strips	Streaky Pork Bacon
1	Garlic Clove <i>peeled & grated</i>
15ml	Tomato Paste
30ml	White Wine
15ml	Cake Flour
125ml	Low Fat Fresh Milk
10ml	Ground Paprika
40g	Peas
25ml	Grated Italian-style Hard Cheese
15ml	Lemon Juice
3g	Fresh Basil <i>rinsed & roughly sliced</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Paper Towel
Butter
Sugar/Sweetener/Honey

1. GO, GO GNOCCHI! Bring a pot of salted water to a boil for the gnocchi. Cook the gnocchi until they float to the surface, 2-3 minutes. Drain, reserving a cup of the gnocchi water, and toss through a drizzle of olive oil.

2. BRING ON THE BACON Place a pan over medium-high heat. When hot, fry the bacon strips until browned and crispy, 1-2 minutes per side. Remove from the pan and drain on paper towel. Roughly chop and set aside.

3. IT'S ALL ABOUT THE SAUCE Return the pan to medium-high heat with a drizzle of oil (if necessary). When hot, fry the grated garlic, the tomato paste, and the wine until almost all the wine has evaporated, 1-2 minutes. Add 20g of butter and the flour. Fry, 1-2 minutes (shifting constantly). Remove from the heat and gradually stir in the milk, making sure there are no lumps. Loosen the sauce with the reserved gnocchi water.

4. FINAL TOUCHES & FLAVOURS Return the pan with the sauce to medium heat and bring to a simmer. Add the paprika, the peas, ½ the grated cheese, the lemon juice (to taste), a sweetener, and seasoning. Mix and remove from the heat. Stir through the cooked gnocchi, ½ the chopped bacon, and ½ the sliced basil.

5. DISH UP DINNER Plate up the creamy pea & bacon gnocchi and sprinkle over the remaining cheese, bacon, and basil. Finish off with a crack of black pepper. Cheers, Chef!

Nutritional Information

Per 100g

Energy	598kJ
Energy	143kcal
Protein	5.9g
Carbs	13g
of which sugars	2.8g
Fibre	3.5g
Fat	7.5g
of which saturated	3.5g
Sodium	242mg

Allergens

Egg, Gluten, Dairy, Allium, Wheat, Sulphites, Alcohol

Cook
within 3
Days