

UCOOK

Fiery Citrus Pork Belly

with jasmine rice & roasted cabbage

Hands-on Time: 45 minutes

Overall Time: 60 minutes

Adventurous Foodie: Serves 3 & 4

Chef: Megan Bure

Wine Pairing: Creation Wines | Creation Chardonnay

| Nutritional Info | Per 100g | Per Portion |
|--------------------|----------|-------------|
| Energy | 1164kJ | 8076kJ |
| Energy | 278kcal | 1931kcal |
| Protein | 4.2g | 29.1g |
| Carbs | 16g | 108g |
| of which sugars | 3.2g | 21.9g |
| Fibre | 1.3g | 9.2g |
| Fat | 20.9g | 145.3g |
| of which saturated | 5.7g | 39.7g |
| Sodium | 149mg | 1034mg |

Allergens: Egg, Allium, Sulphites, Alcohol, Soy

Spice Level: Hot

| Ingredients & Prep Actions: | | | |
|-----------------------------|------------|---|--|
| Serves 3 | [Serves 4] | | |
| 300ml | 400ml | Jasmine Rice rinse | |
| 300g | 400g | Cabbage rinse & cut into large bite-sized pieces | |
| 2 | 2 | Onions peel & cut 1½ [2] into wedges | |
| 15ml | 20ml | NOMU Spanish Rub | |
| 2 | 2 | Garlic Cloves peel & grate | |
| 15g | 20g | Chipotle Chillies In Adobo roughly chop | |
| 60ml | 80ml | White Wine | |
| 180ml | 240ml | Sweet Orange Sauce (150ml [200ml] Orange Juice, 15ml [20ml] Honey & 15ml [20ml] Dijon Mustard) | |
| 600g | 800g | Pork Belly Pieces | |
| 150ml | 200ml | Kewpie Mayo | |
| 8g | 10g | Fresh Coriander rinse, pick & roughly chop | |
| From Your Kitchen | | | |

Oil (cooking, olive or coconut)

Seasoning (salt & pepper)

Water

water. Cover and bring to the boil. Simmer until the water has been absorbed, about 10 minutes. Remove from the heat and steam, 8-10 minutes. Fluff with a fork and cover.

2. OVEN ROASTED VEG Spread the cabbage and the onion on a roasting tray. Coat in oil, the NOMU rub and season. Roast in the hot oven until slightly crispy, 30-35 minutes (shifting halfway).

1. READY THE RICE Preheat the oven to 200°C. Place the rice in a pot with 600ml [800ml] of salted

3. DELECTABLE ORANGE SAUCE Place a pan over medium heat. When hot, add the garlic and chipotles (to taste) and fry until fragrant, 30-60 seconds (shifting constantly). Pour in the white wine and cook until almost all evaporated, 30-60 seconds (shifting constantly). Pour in the sweet orange sauce and simmer until reduced and thickened, 3-4 minutes (shifting occasionally). Season, remove from the heat, cover and set aside.

4. PERFECT PORK Season the pork belly. Return the pan to medium heat. Sear the pork until crispy, golden brown and cooked through (the pork will cook in its own fat), 8-10 minutes per side (You may

- need to do this step in batches). Remove the pork from the pan and set aside to rest before slicing and lightly seasoning. Alternatively, air fry at 200°C until crispy and golden, 20-25 minutes. Rest for 5 minutes before thinly slicing.

 5. MMMAYO In a small bowl, loosen the mayo with water in 5ml increments until drizzling consistency.
- 6. OM NOM NOM! Plate up the steaming rice, top with the pork slices and drizzle with the sweet orange sauce. Serve the roast cabbage alongside and drizzle with mayo. Garnish with the coriande

Season and set aside.

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