



UCCOOK

Matloha's Halloumi Hot Dog

with homemade chakalaka, crème fraîche & a Schoon roll

Here, a beautifully soft roll is the vehicle for rich and flavourful kidney bean chakalaka, topped with crispy halloumi slices and drips of crème fraîche. It's our enhanced version of a nostalgic dinnertime treat, with a South African twist — and so easy to make!

Hands-On Time: 30 minutes

Overall Time: 40 minutes

Serves: 1 Person

Chef: Liziwe Matloha

 Vegetarian

 Haute Cabrière | Chardonnay Unwooded

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Ingredients & Prep

2	Spring Onions <i>finely sliced, keeping the white & green parts separate</i>
5ml	NOMU Indian Rub
1	Fresh Chilli <i>deseeded & finely chopped</i>
75g	Julienne Carrot
50g	Corn <i>drained</i>
60g	Red Kidney Beans <i>drained & rinsed</i>
30ml	Mango Atchar
7,5ml	Tomato Paste
20g	Salad Leaves <i>rinsed & roughly shredded</i>
30ml	Crème Fraîche
80g	Halloumi <i>sliced lengthways into 1cm thick slabs</i>
1	Schoon Hot Dog Roll <i>halved</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Paper Towel
Butter (optional)

1. GET MOVING, IT'S TIME FOR CHAKALAKA! Place a pan over a medium heat with a drizzle of oil. When hot, fry the white spring onion slices for 1-2 minutes until soft. Add in the Indian rub and chopped chilli to taste. Fry for 30-60 seconds until fragrant, shifting continuously. Mix in the julienne carrot and fry for 1-2 minutes, shifting to prevent sticking. Stir through the drained corn, drained kidney beans, mango atchar, and tomato paste until evenly distributed. Leave to cook for 10-12 minutes until thick and combined, stirring occasionally. Add a splash of water if it starts to stick. Season to taste, remove from the pan, and set aside to cool.

2. FIX UP TOSE FILLINGS Place the shredded salad leaves in a bowl with a drizzle of olive oil and some seasoning. Toss to combine and set aside for serving. Loosen the crème fraîche with water in 5ml increments until drizzling consistency and set aside for serving.

3. GOLDEN HALLOUMI Place a clean pan over a medium heat with a drizzle of oil. When hot, fry the halloumi for 1-2 minutes per side until crispy and golden. Remove on completion and allow to drain on some paper towel – and try not to eat it all before serving!

4. ASSEMBLE THIS BEAUT OF A HOT DOG Butter the halves of the roll (optional). Place $\frac{3}{4}$ of the dressed leaves on the bottom half and cover in spoonfuls of chakalaka. Top with the crispy halloumi and generously drizzle over the crème fraîche. Toss the remaining leaves with any left over chakalaka and serve on the side. Garnish with the green spring onion slices and close up with the other half of the roll. Go on, take a bite!



Chef's Tip

Kidney beans are a great source of fibre and plant-based protein. They're also high in B vitamins, manganese, and iron. Use them to bulk up salads, salsas, or stews for extra nutritional value.

Nutritional Information

Per 100g

Energy	801kJ
Energy	192Kcal
Protein	7.8g
Carbs	16g
of which sugars	3.4g
Fibre	3.5g
Fat	10.9g
of which saturated	5.9g
Sodium	312mg

Allergens

Egg, Gluten, Dairy, Allium, Wheat, Sulphites

Cook
within 1
Day