

UCOOK

Spicy Pork Kassler & Soba Noodles

with bell pepper, spring onion, & black sesame seeds

There's so much to love about soba noodles, Chef! Their pleasant chew, nutty flavour, and ability to make other ingredients shine. In this recipe, that will be salty cubes of kassler pork, silky green peppers, black sesame seeds & fresh coriander - all coated in a very special spicy sweet-soy sauce.

Hands-on Time: 25 minutes

Overall Time: 25 minutes

Serves: 4 People

Chef: Kate Gomba

Quick & Easy

Domaine Des Dieux | Chardonnay 2019

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Ingredients & Prep	
200g	Soba Noodles
720g	Pork Kassler Chunks rinse & dry
2	Bell Peppers rinse, deseed & cut into strips
2	Spring Onions rinse, trim & finely slice
120ml	Spicy Sweet Soy (80ml Sweet Indo Soy Sauce, 20ml Sesame Oi 20ml Gochujang Paste)

Black Sesame Seeds

Fresh Coriander

18

From Your Kitchen

20_ml

10g

Oil (cooking, olive or coconut)
Salt & Pepper
Water

1. NOODLES Bring a pot of salted water to a boil for the noodles. Cook the noodles until al dente, 3-4 minutes. Drain and rinse in cold water.

2. KASSLER Place a pan over medium-high heat with a drizzle of oil. When hot, fry the rinsed kassler cubes until crispy, 5-6 minutes (shifting

occasionally). Drain the excess rendered fat and add the sliced peppers and the sliced spring onion. Fry until slightly charred, 2-3 minutes. Deglaze the pan with a splash of water and add the cooked noodles and the spicy sweet soy. Remove from the heat.

3. TIME TO EAT Bowl up the loaded noodles, sprinkle over the sesame seeds, and garnish with the rinsed coriander. Enjoy, Chef!

Nutritional Information

Per 100g

 Energy
 527kJ

 Energy
 126kcal

 Protein
 7.5g

 Carbs
 13g

 of which sugars
 4.4g

 Fibre
 1.3g

Allergens

of which saturated

Fat

Sodium

Gluten, Allium, Sesame, Wheat, Sulphites, Sugar Alcohol (Xylitol), Soy

> Eat Within 4 Days

5.3g

1.9g

501mg