

UCOOK

Spiced Pork Jambalaya

with luscious gravy & fresh chives

Pure comfort food with a Cajun kick! Flavoursome loaded rice with crispy pork belly is drizzled with a spicy gravy, and elevated with a sprinkle of chives & a squeeze of lemon juice. Completely irresistible.

Hands-on Time: 35 minutes

Overall Time: 55 minutes

Serves: 4 People

Chef: Kate Gomba

Fan Faves

Waterford Estate | Range Chardonnay 2018

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Ingredients & Prep			
400ml	White Basmati Rice		
800g	Pork Belly Pieces rind removed & sliced 1cm thick slices		
40ml	NOMU Cajun Rub		
480g	Carrot rinsed, trimmed & cut small chunks		
2	Onions peeled & roughly dice		
20ml	Dried Oregano		
200g	Peas		
80g	Spinach rinsed & gently shred		
2	Lemons zested & cut into wed		
20ml	Cornflour		
20ml	Chicken Stock		
15g	Fresh Chives rinsed & finely sliced		
From You	ur Kitchen		

Oil (cooking, olive or coconut)

Salt & Pepper

Water Tinfoil

some seasoning.

necessary and fluff up with a fork. 2. NO PORKING AROUND Place a large nonstick pan over a medium heat with a drizzle of oil. When hot, add the sliced pork fat side down and sear for 3-5 minutes per side, or until browned and cooked through. In the final minute, baste the slices with $\frac{1}{2}$ of the rub. Remove from the pan and cover with tinfoil to keep warm. 3. FRAGRANT VEGGIES Return the pan to a medium heat with a drizzle of oil (if necessary). When hot, fry the carrot chunks and 34 of the diced onions for 8-9 minutes until soft but still crunchy. In the final 2-3 minutes, add the oregano and peas. Add the cooked rice, shredded spinach, some lemon zest (to taste). Season and mix to combine. 4. SPICY GRAVY Combine the cornflour with 4 tsp of water. Dilute the stock with 400ml of boiling water. Finely dice the remaining onions. Place a small pan over a medium heat with a drizzle of oil. When hot, add the remaining onions and rub, and fry for 4-5 minutes until softened. Add the diluted stock and simmer for 5-6 minutes until reduced. Add the cornflour mixture and simmer for 2-3 minutes until thickened. Remove

1. FLUFFY RICE Boil the kettle. Rinse the rice and place in a pot over a

medium-high heat. Submerge in 900ml of salted water and pop on a lid. Once boiling, reduce the heat and simmer for 8-10 minutes until most of

the water has been absorbed. Keeping the lid on, remove from the heat and set aside to steam for a further 10 minutes. On completion, drain if

5. YUMMY YUM! Plate up the loaded rice and top with the pork belly, and drizzle the gravy over the pork. Sprinkle over the chopped chives, and garnish with a lemon wedge. Well done, Chef!

from the heat and season with a squeeze of lemon juice (to taste) and

Nutritional Information

Per 100g

Energy

Energy Energy

Protein Carbs

of which sugars

Fat of whi

of which saturated Sodium

Allergens

Allium, Sulphites

Cook
within 2
Days

647kl

7.9g

17g

2.4g

2.1g

6.2g

2.1g

135mg

155kcal