



UCOOK

Classic Beef Steak Sandwich

with potato wedges & garlic That Mayo

There is something so satisfying about a great sandwich - especially if it delights you with a classic combination. And what goes better with beef than mustard & caramelised onions? A slice of tangy tomato, a toasted Portuguese roll, plus greens and your easy-peasy meal is ready. Sided with crispy wedges, it's time to dine!

Hands-on Time: 25 minutes

Overall Time: 35 minutes

Serves: 4 People

Chef: Rhea Hsu

 Quick & Easy

 Paserene | Midnight Cabernet Sauvignon

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Ingredients & Prep

800g	Potato <i>rinsed & cut into thin wedges</i>
2	Onions
2	Tomatoes
80g	Green Leaves
640g	Free-range Beef Rump
20ml	NOMU Provençal Rub
4	Portuguese Rolls
125ml	That Mayo (Garlic)
40ml	Wholegrain Mustard

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Sugar/Sweetener/Honey
Paper Towel
Butter

1. CRISPY WEDGES Preheat the oven to 220°C. Spread the potato wedges on a roasting tray. Coat in oil and season. Roast in the hot oven until crispy, 35-40 minutes (shifting halfway).

2. SWEET & SILKY Peel and slice the onion. Place a pan over medium heat with a drizzle of oil and a knob of butter (optional). When hot, fry the sliced onion until soft, browned and caramelised, 10-12 minutes (shifting occasionally). At the halfway mark, add a sweetener. Remove from the pan and cover.

3. SEAR THE STEAK Slice the tomatoes into rounds. Rinse the green leaves. While the onion is caramelising, place another pan over medium-high heat with a drizzle of oil. Pat the steak dry with paper towel. When hot, sear the steak fat-side down until crispy, 3-5 minutes. Flip the steak and sear until browned, 2-4 minutes per side (for medium-rare). In the final minute, baste with a knob of butter and the NOMU rub. Remove from the pan and rest for 5 minutes before slicing and seasoning.

4. ON A ROLL Halve the Portuguese rolls and spread butter over the cut-sides or brush with oil. Return a pan, wiped down, to a medium heat. When hot, add the halved buns, cut-side down, and toast until crisp, 1-2 minutes. Slightly loosen the mayo with a splash of warm water.

5. TIME TO TAKE A BITE Smear the toasty rolls with the mustard and ½ the mayo. Load up with the rinsed green leaves, the tomato rounds, the steak slices, and the caramelised onion. Side with the crispy wedges and the remaining mayo for dunking. Cheers, Chef!



Chef's Tip

Air fryer method: Coat the potato wedges in oil and season. Air fry at 200°C until crispy, 20-25 minutes (shifting halfway).

Nutritional Information

Per 100g

Energy	455kj
Energy	109kcal
Protein	6.4g
Carbs	10g
of which sugars	1.4g
Fibre	1.8g
Fat	3.5g
of which saturated	1g
Sodium	86mg

Allergens

Egg, Gluten, Allium, Wheat, Sulphites

Cook
within
4 Days