

UCOOK

Vietnamese Pork Stir-fry

with vermicelli noodles & pickled cucumber

Saucy, sweet and sour pork neck strips on a bed of vermicelli noodles, with spicy pickled cucumber, toasted peanuts, fresh coriander and mint.

Hands-On Time: 15 minutes

Overall Time: 35 minutes

Serves: 2 People

Chef: Alex Levett



.....

Niel Joubert | Grüner Veltliner

Loved the dish? Let us know. Join the UCOOK community. Share your creations + tag us @ucooksa #lovingucook

Ingredients & Prep

100g

5ml

20g

8g

60ml Rice Wine Vinegar

> Cucumber roughly diced

> > Dried Chilli Flakes

Rice Vermicelli Noodles 100g Peanuts

320g Pork Neck Steak

2 Spring Onions finely sliced, keeping the white & green parts separate Garlic Clove

1 peeled & arated 40ml Sweet & Sour Sauce

> (20ml Fish Sauce, 10ml Honey & 10ml Low Sodium Soy Sauce) Fresh Mint

rinsed, picked & roughly chopped

Fresh Coriander 8g rinsed, picked & roughly chopped

From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper

Water Sugar/Sweetener/Honey Paper Towel

- 1. PICKLE THE CUCUMBER Boil the kettle. In a bowl, add the rice wine vinegar and 2 tbsp of a sweetener of choice. Mix until the sweetener has fully dissolved. Add the diced cucumber and the chilli flakes (to taste). Toss until fully coated and set aside to pickle.
- 2. OODLES OF NOODLES Using a shallow bowl, submerge the noodles in boiling water and add a pinch of salt. Give them a stir, cover with a plate, and set aside to soak for 6-8 minutes until cooked and glassy. Drain on completion and toss through some oil to prevent sticking.
- 3. TOASTY NUTS Place the peanuts in a nonstick pan over a medium heat. Toast for 3-5 minutes until golden, shifting occasionally. Remove from the pan and roughly chop.
- 4. PERKY PORK Pat the pork dry with some paper towel and cut into 1cm thick strips. Return the pan to a medium-high heat with a drizzle of oil. When hot, add the pork and fry for 1-3 minutes until golden, shifting

occasionally. Add the spring onion whites and the grated garlic and fry for 1-2 minutes until fragrant, shifting constantly. Add the sweet & sour sauce and 100ml of warm water. Simmer for 3-4 minutes, until slightly reduced. Mix in $\frac{1}{2}$ the chopped mint, $\frac{1}{2}$ the chopped coriander, and

seasoning. Drain the pickling liquid from the cucumber.

5. PLATE THE GOODS! Plate up the vermicelli noodles and smother in the saucy sweet & sour pork. Scatter over the pickled cucumber. Garnish with the toasted peanuts, spring onion greens, and the remaining mint, coriander, and chilli flakes (to taste). Tuck in!



Reserve the pickling liquid from the pickled cucumber, store it in the fridge, and use it for a second time in another meal!

Nutritional Information

Per 100a

799kl Energy 191Kcal Energy Protein 10.3g Carbs 15g of which sugars 2.3g Fibre 0.9g Fat 10.3g of which saturated 3.5g Sodium 365mg

Allergens

Gluten, Allium, Peanuts, Wheat, Sulphites, Fish, Soy

> Cook within 2 Days