



UCOOK

Mexican Pork Fajitas

with sour cream & avocado

These fajitas are the definition of flavourful food fusions. Called Tex-Mex cuisine, these pork-stuffed tortillas bring the Mexican heat with a special UCOOK spice and that grilled meat satisfaction Texas is famous for. Enjoyed with fresh greens, sour cream, avo, sweet peppers & jalapeños.

Hands-on Time: 15 minutes

Overall Time: 15 minutes

Serves: 2 People

Chef: Suné van Zyl

Quick & Easy

Groote Post Winery | Groote Post Riesling
2022

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Ingredients & Prep

320g	Pork Neck Steak
1	Bell Pepper <i>rinse, deseed & cut into strips</i>
1	Spring Onion <i>rinse, trim & roughly slice</i>
30ml	Mexican Spice <i>(10ml The Old Stone Mill Mexican Spice, 5ml Smoked Paprika & 15ml NOMU Cajun Rub)</i>
4	Wheat Flour Tortillas
1	Avocado
60ml	Sour Cream
40g	Green Leaves <i>rinse</i>
30g	Sliced Pickled Jalapeños <i>rinse</i>
40g	Piquanté Peppers <i>drain</i>

From Your Kitchen

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Paper Towel

1. PEPPERS & PORK Place a pan over medium-high heat with a drizzle of oil. Pat the pork dry with paper towel and cut into strips. When hot, fry the pork strips until browned, 2-3 minutes per side. Add the pepper strips, the sliced spring onion, the Mexican spice (to taste), and seasoning. Fry until lightly charred, 2-3 minutes (shifting occasionally).

2. TOAST THE TORTILLA Place a clean pan over medium heat. When hot, toast each tortilla until warmed through, 30-60 seconds per side. Alternatively, spread them out on a plate in a single layer and heat up in the microwave, 30-60 seconds.

3. HAVO SOME AVO Halve the avocado and remove the pip. Peel the skin off, keeping the flesh intact. Thinly slice the avocado and season.

4. MOUTHWATERING MEXICAN MEAL Smear the tortillas with the sour cream. Top with the rinsed green leaves, the pork strips & veg, the sliced avo, the drained jalapeños, and the drained peppers.

Nutritional Information

Per 100g

Energy	838kj
Energy	200kcal
Protein	4g
Carbs	12g
of which sugars	2.3g
Fibre	2.8g
Fat	15.6g
of which saturated	5.3g
Sodium	186.6mg

Allergens

Gluten, Allium, Wheat, Sulphites, Cow's Milk

Eat
Within
2 Days