

# WCOOK

## Classic Beef Burger

with roasted baby potato wedges

**Hands-on Time:** 35 minutes

**Overall Time:** 45 minutes

**Simple & Save:** Serves 3 & 4

**Chef:** Rhea Hsu

**Wine Pairing:** Stettyn Wines | Stettyn Family Range  
Cabernet Sauvignon

### Nutritional Info

	Per 100g	Per Portion
Energy	544kJ	3349kJ
Energy	130kcal	803kcal
Protein	6.4g	39.3g
Carbs	14g	85g
of which sugars	2.7g	16.5g
Fibre	1g	6.1g
Fat	4.9g	30.3g
of which saturated	1.8g	11.3g
Sodium	236mg	1070mg

**Allergens:** Cow's Milk, Gluten, Sesame, Wheat, Sulphites, Soy

**Spice Level:** None

Eat Within 2 Days

## Ingredients & Prep Actions:

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Serves 3

[Serves 4]

600g	800g	Baby Potato <i>rinse &amp; cut into wedges</i>
3	4	Burger Buns
3	4	Beef Patties
60g	80g	Green Leaves <i>rinse &amp; roughly shred</i>
2	2	Tomatoes <i>rinse &amp; slice into rounds</i>
50g	50g	Gherkins <i>drain &amp; cut into rounds</i>
60ml	80ml	Tomato Sauce

## From Your Kitchen

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Oil (cooking, olive or coconut)

Water

Butter (optional)

Seasoning (salt & pepper)

**1. BABY POTATOES** Preheat the oven to 200°C. Spread the potatoes on a roasting tray. Coat in oil and season. Roast in the hot oven until crispy, 30-35 minutes (shifting halfway). Alternatively, air fry at 200°C until crispy, 25-30 minutes (shifting halfway).

**2. FOR THE FINALE** Halve the burger buns, and spread butter (optional) or oil over the cut-side.

**3. BROWN THE BEEF** Place a pan over medium-high heat with a drizzle of oil. When hot, fry the beef patties until browned and cooked to your preference, 3-4 minutes per side. Remove from the pan and set aside.

**4. TIME TO TOAST** Return the pan, wiped down, to medium heat. Toast the halved buns, cut-side down, until crisp, 1-2 minutes.

**5. BURGER TIME!** Place the burger buns, cut-side up, on a plate. Top with the green leaves, the tomato rounds, the gherkin rounds, and the patties. Dollop over ½ the tomato sauce, and serve alongside the roasted potato wedges. Serve the remaining tomato sauce on the side for dunking.