

# **UCOOK**

# Homemade Chicken Burger

with potato wedges & mayo

A juicy, homemade chicken burger patty on a fluffy burger bun, with briny gherkins, tangy mayo & crispy, oven-roasted potato wedges. The verdict? You win dinner hands-down, Chef!

Hands-on Time: 40 minutes

Overall Time: 55 minutes

**Serves:** 4 People

Chef: Kate Gomba

Simple & Save



Cathedral Cellar Wines | Cathedral Cellar-Chardonnay 2022

Loved the dish? Let us know. Join the UCOOK community. Share your creations + tag us @ucooksa #lovingucook

## Ingredients & Prep

800g Potato rinse & slice into wedges

600g Free-range Chicken Mince

2 Onions

peel, finely dice 1 & roughly slice 1

40<sub>m</sub>l NOMU BBQ Rub

Burger Buns

80g Green Leaves peel & finely dice

Gherkins 80g

drain & slice into rounds

125ml Mayo

#### From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper

Water

Butter (optional)

Sugar/Sweetener/Honey

- 1. LIVING ON THE WEDGE Preheat the oven to 200°C. Spread the potato wedges on a roasting tray. Coat in oil and season. Roast in the hot oven until browned and cooked through, 30-35 minutes (shifting halfway).
- 2. MMMINCE In a bowl, combine the mince, the diced onion (to taste), the NOMU rub, and seasoning. Wet your hands slightly and shape the mince mixture into 4 patties about 2cm thick.
- 3. CARAMELISED ONION Place a pan over medium heat with a drizzle of oil and a knob of butter (optional). When hot, fry the sliced onion until caramelised, 12-15 minutes (shifting occasionally). At the halfway mark, add a sweetener (to taste). Remove from the heat and season.
- 4. PERFECT PATTY When the wedges have 10-15 minutes remaining, place a pan over medium-high heat with a drizzle of oil. When hot, fry the patty until golden, 2-3 minutes per side. Remove from the pan and rest for 2-3 minutes.
- toast the halved buns, cut-side down, until crispy, 1-2 minutes. 6. MEANT TO BE EATEN TOGETHER Top the bottom bun halves

5. BUNDERFUL! Halve the burger buns and spread butter or oil over

the cut-sides. Return the pan, wiped down, to medium heat. When hot,

with the shredded leaves, the gherkins rounds, the patties, and the caramelised onions. Smear mayo over the top bun halves and close up the burgers. Serve with the roast potato wedges and any remaining fillings. Yum, Chef!



Air fryer method: Coat the potato wedges in oil and season. Air fry at 200°C until crispy, 25-30 minutes (shifting halfway).

#### **Nutritional Information**

Per 100a

Energy	568k
Energy	136kca
Protein	6.99
Carbs	169
of which sugars	2.59
Fibre	1.6g
Fat	5.1g
of which saturated	0.9g
Sodium	31mg

### **Allergens**

Gluten, Allium, Sesame, Wheat, Sulphites, Sov

> Eat Within 1 Day