

UCOOK

Greek Lamb Burger

with potato chunks & Kalamata olives

A fluffy charcoal bun is loaded with a delicious lamb mince patty, a fresh tomato & olive "salsa", pickled cucumber & red onions, crumbled feta, and a lashing of creamy tzatziki to finish it off. Sided with golden roasted potato chunks and sprinkled with fresh dill, this dish will have you wishing every night was burger night!

Hands-on Time: 30 minutes

Overall Time: 45 minutes

Serves: 2 People

Chef: Thea Richter

Adventurous Foodie

Paserene | The Shiner Red Blend

Loved the dish? Let us know. Join the UCOOK community. Share your creations + tag us @ucooksa #lovingucook

Ingredients & Prep

500g Potato Chunks
cut into bite-sized pieces

40ml White Wine Vinegar

100g Cucumber
peeled into ribbons

10_ml

8g

300g

2

Mustard Seeds

Fresh Dill

rinsed, picked & roughly

chopped

Red Onion

½ peeled & finely sliced

Free-range Lamb Mince

serving.

the cucumber.

1 Tomato diced80g Pitted k

Pitted Kalamata Olives drained & sliced into

Charcoal Burger Buns

60ml Tzatziki

60g Danish-style Feta drained

From Your Kitchen

Butter (optional)

Oil (cooking, olive or coconut)
Salt & Pepper
Water
Sugar/Sweetener/Honey

1. LET'S BEGIN Preheat the oven to 200°C. Spread the potato pieces on a roasting tray. Coat in oil and season. Roast in the hot oven until golden, 25-30 minutes (shifting halfway).

2. PICKLE PARTY In a bowl, combine the vinegar, 30ml of water, and 10ml of a sweetener. Mix until the sweetener is fully dissolved. Add the cucumber ribbons, the mustard seeds, ½ the chopped dill, and the onion slices. Toss until fully coated and set aside to pickle.

3. LAMB-SOLUTELY DELISH! In a bowl, combine the mince with some seasoning. Wet your hands slightly to stop the mixture from sticking, and shape into 2 patties of about 2cm thick. In a bowl, combine the diced

4. FRY THE PATTIES When the potato pieces have 10 minutes remaining, place a pan over a high heat with a drizzle of oil. When hot, add the patties and fry until golden and cooked to your preference, 3-4

tomato, the olive rounds, seasoning, and a drizzle of oil. Set aside.

5. BUN-BELIEVABLE! Return the pan to a medium-high heat. Butter the cut-side of the halved buns or drizzle with oil. When hot, toast the buns, cut-side down, until golden, 1-2 minutes. Drain the pickling liquid from

minutes per side. Remove from the pan and rest for 2-3 minutes before

6. LET'S FEAST LIKE THE GREEKS! Smear some tzatziki over the bottom bun half. Top with the patty, some of the diced tomato & olive salsa, and the pickled cucumber & onion. Crumble over some of the drained feta and close up with the other bun half. Side with the roasted

potato wedges and the remaining tomato & olive salsa, pickled veg, and feta. Dollop over any remaining tzatziki. Sprinkle over the remaining chopped dill and get munching!



Air fryer method: Coat the potato pieces in oil and season. Air fry at 200°C until crispy, 25-30 minutes.

Nutritional Information

Per 100g

523kI Energy 125kcal Energy Protein 7.4g Carbs 12g of which sugars 2g Fibre 1.4g Fat 5.4g of which saturated 2.3g Sodium 146ma

Allergens

Gluten, Dairy, Allium, Wheat, Sulphites

Cook within 3 Days