

UCOOK

Penne Alla Vodka

with a side salad & Italian-style hard cheese

Hands-on Time: 15 minutes

Overall Time: 25 minutes

Veggie: Serves 1 & 2

Chef: Ella Nasser

Wine Pairing: Strandveld | First Sighting Sauvignon

Blanc

Nutritional Info	Per 100g	Per Portion
Energy	772kJ	3933kJ
Energy	185kcal	941kcal
Protein	6.9g	35.2g
Carbs	24g	124g
of which sugars	3.6g	18.4g
Fibre	1.8g	9.1g
Fat	5.4g	27.3g
of which saturated	2.8g	14.2g
Sodium	63mg	323mg

Allergens: Egg, Gluten, Wheat, Cow's Milk, Alcohol, Allium

Spice Level: Moderate

Ingredients & Prep Actions:			
Serves 1	[Serves 2]		
20g	40g	Salad Leaves rinse	
50g	100g	Cucumber rinse & cut into half-moons	
10ml	20ml	Lemon Juice	
5ml	10ml	Dried Chilli Flakes	
40ml	80ml	Crème Fraîche	
40g	80g	Italian-style Hard Cheese grate	
20ml	40ml	Vodka	
1	1	Onion peel & finely dice ½ [1]	
1	1	Garlic Clove peel & grate	
40ml	80ml	Tomato Paste	
3g	5g	Fresh Basil rinse, pick & roughly tear	

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1. A PENNE FOR YOUR THOUGHTS Bring a pot of salted water to a boil for the pasta. Cook the pasta until al dente, 8-10 minutes. Drain, reserving 100ml [150ml] of pasta water, and toss through a drizzle of olive oil. 2. ALLA VODKA Place a pan (large enough for the pasta) over medium heat with a drizzle of oil. When

hot, fry the onion until soft, 3-4 minutes (shifting occasionally). Add the garlic and the chilli flakes (to taste). Fry until fragrant, 1-2 minutes (shifting constantly). Add the vodka and simmer until almost all

evaporated, 30-60 seconds. 3. ALL TOGETHER Once the vodka has reduced, add the tomato paste, the reserved pasta water, and the crème fraîche to the pan. Simmer until thickened, 2-4 minutes (stirring occasionally). Add an extra splash of water if the sauce reduces too quickly. Remove from the heat and stir through a knob of

- butter, ½ the cheese, ½ the basil, the cooked pasta, and seasoning. 4. SIMPLE SALAD In a salad bowl, combine a drizzle of olive oil, the lemon juice (to taste), a sweetener
- (to taste), and seasoning. Toss through the salad leaves and the cucumber. 5. VODKA + PENNE = BELLISSIMA! Plate up a hearty spoonful of the pasta alla vodka. Sprinkle over

the remaining basil and cheese. Side with the dressed salad. Buon Appetito!

Penne Pasta

Oil (cooking, olive or coconut)

From Your Kitchen

250a

125g

Water

Butter Sugar/Sweetener/Honey

Seasoning (salt & pepper)

We recommend using a good quality extra-virgin olive oil for this dish. It makes all Chef's Tip