



# UCCOOK

## Fiery Citrus Honey Pork Belly

with jasmine rice & roasted cabbage

**Hands-on Time:** 25 minutes

**Overall Time:** 40 minutes

**Adventurous Foodie:** Serves 1 & 2

**Chef:** Megan Bure

**Wine Pairing:** Bertha Wines | Bertha Sauvignon Blanc

Nutritional Info	Per 100g	Per Portion
Energy	1164kJ	8076kJ
Energy	278kcal	1931kcal
Protein	4.2g	29.1g
Carbs	16g	108g
of which sugars	3.2g	21.9g
Fibre	1.3g	9.2g
Fat	16.5g	114.7g
of which saturated	5.7g	39.7g
Sodium	105mg	729mg

**Allergens:** Egg, Allium, Sulphites, Alcohol, Soy

**Spice Level:** Hot

Eat Within 2 Days

## Ingredients & Prep Actions:

Serves 1	[Serves 2]	
100ml	200ml	Jasmine Rice <i>rinse</i>
100g	200g	Cabbage <i>rinse &amp; cut into large bite-sized pieces</i>
1	1	Onion <i>peel &amp; cut ½ [1] into wedges</i>
5ml	10ml	NOMU Spanish Rub
1	1	Garlic Clove <i>peel &amp; grate</i>
5g	10g	Chipotle Chillies In Adobo <i>roughly chop</i>
20ml	40ml	White Wine
60ml	120ml	Sweet Orange Sauce <i>(50ml [100ml] Orange Juice, 5ml [10ml] Honey &amp; 5ml [10ml] Dijon Mustard)</i>
200g	400g	Pork Belly Pieces
50ml	100ml	Kewpie Mayo
3g	5g	Fresh Coriander <i>rinse, pick &amp; roughly chop</i>

## From Your Kitchen

Oil (cooking, olive or coconut)  
Water  
Seasoning (salt & pepper)

1. **READY THE RICE** Preheat the oven to 200°C. Place the rice in a pot with 200ml [400ml] of salted water. Cover and bring to the boil. Simmer until the water has been absorbed, about 10 minutes. Remove from the heat and steam, 8-10 minutes. Fluff with a fork and cover.

2. **OVEN ROASTED VEG** Spread the cabbage chunks and the onion wedges on a roasting tray. Coat in oil, the NOMU rub and season. Roast in the hot oven until slightly crispy, 25-30 minutes (shifting halfway).

3. **DELECTABLE ORANGE SAUCE** Place a pan over medium heat. When hot, add the garlic and chipotles (to taste) and fry until fragrant, 30-60 seconds (shifting constantly). Pour in the white wine and cook until almost all evaporated, 30-60 seconds (shifting constantly). Pour in the sweet orange sauce and simmer until reduced and thickened, 2-3 minutes (shifting occasionally). Season, remove from the heat, cover and set aside.

4. **PERFECT PORK** Season the pork belly pieces. Return the pan to medium heat (the pork will cook in its own fat). When hot, sear the pork pieces until crispy, golden brown, and cooked through, 8-10 minutes per side. Remove the pork from the pan and set aside to rest before slicing and lightly seasoning. Alternatively, air fry at 200°C until crispy and golden, 20-25 minutes. Rest for 5 minutes before thinly slicing.

5. **MMMAYO** In a small bowl, loosen the mayo with water in 5ml increments until drizzling consistency. Season and set aside.

6. **OM NOM NOM!** Plate up the steaming rice, top with the pork slices and drizzle with the sweet orange sauce. Serve the roast cabbage alongside and drizzle with mayo. Garnish with the coriander.