

UCOOK

Knockout Kingklip Tacos

with buttermilk-fried fish & a chilli and pineapple salsa

We're talking fresh. We're talking spicy. We're talking crunchy. And we're talking totally delicious! Buttermilk-fried kingklip tacos served with a tangy pineapple, mint, and lime salsa, paired with charred corn, guacamole and drizzled with That Mayo.

Hands-On Time: 30 minutes

Overall Time: 45 minutes

Serves: 2 People

Chef: Hannah Duxbury



Niel Joubert | Grüner Veltliner

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Ingredients & Prep

80g

1

8g

60g

300g

Pineapple Pieces drained & cut into small chunks

diced

Fresh Chilli 1 thinly sliced 1 Lime

Tomato

zested & cut into wedges

Fresh Mint rinsed & roughly chopped

Corn Kingklip Fillets

100ml Buttermilk

85ml Self-raising Flour

Corn Tortillas

60ml That Mayo (Original)

80g Guacamole

From Your Kitchen

Oil (cooking, olive or coconut)

Water

Salt & Pepper

Tea Towel

Paper Towel

1. SPICY SALSA In a bowl, combine the pineapple pieces, the diced tomato, the sliced chilli, the lime zest, a squeeze of lime juice (to taste), and ½ the chopped mint. Place a pan over a medium heat with a drizzle of oil. When hot, fry the corn for 4-5 minutes until slightly charred, shifting occasionally. Remove from the pan. Once cooled slightly, add to the

pineapple salsa. Season the salsa to taste. 2. BUTTERMILK-FRIED FISH Pat the kingklip dry with some paper towel and cut the fish into 1cm thick pieces. In a bowl, whisk the buttermilk, 34 of the flour, and some seasoning. Mix until a thick batter forms. If too

thick, add water in 10ml increments until the desired consistency. Place a pot over a medium-high heat with 4-5cm of oil. Toss the kingklip pieces in the remaining flour. When the oil is hot, carefully dip each kingklip piece in the buttermilk batter, allowing the excess to drip off, and carefully lower into the hot oil. Fry for 3-4 minutes or until golden brown and cooked through, shifting halfway. Drain on some paper towel.

3. FANTAS-TACO Return the pan, wiped down if necessary, to a medium heat. When hot, dry toast the tortillas in batches for 30-60 seconds per side until warmed through. Remove from the pan on completion. As you go, stack the heated ones on a plate under a dry tea towel. This stops them getting cold or drying out. Loosen the mayo with water in 5ml increments until drizzling consistency.

4. PLATE IT UP... Lay down the warm tortillas and smear over some guacamole. Pile on the pineapple and corn salsa and top with the crispy, buttermilk-fried kingklip pieces. Drizzle with the loosened mayo. Sprinkle with the remaining mint. Finish with a squeeze of lime. Fold over and dig in, Chef!

Nutritional Information

Per 100g

Energy 620kl Energy 148Kcal Protein 6.8g Carbs 18g of which sugars 2.4g Fibre 1.9g Fat 5.2g of which saturated 1.5g Sodium 91mg

Allergens

Egg, Gluten, Dairy, Allium, Wheat, Sulphites, Fish

> Cook within 1 Day