

UCOOK

Vibrant Venison Hot Pot

with green leaves & a cheesy topping

Tender venison nestles itself inside a rich gravy, which is then topped with an incredible grated potato and cheese mixture before its baked to crisp melty perfection! Served with fresh green leaves and crème fraîche. There is no turning back once you've had the first bite!

Hands-On Time: 35 minutes

Overall Time: 45 minutes

Serves: 2 People

Chef: Kate Gomba

★ Fan Faves

Niel Joubert | Blanc de Noir

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Ingredients & Prep Onion peeled & roughly diced 250g **Button Mushrooms** cut into quarters 300g Free-range Venison Goulash cut into small chunks 240g Carrot peeled (optional) & cut into small chunks 15ml Stock & Herb Mix (10ml Beef Stock & 5ml NOMU Provençal Rub) Cake Flour 20_ml 400g Potato peeled Grated Mozzarella & 60g Cheddar Cheese Mix

1. VENISON GRAVY Boil the kettle. Preheat the oven to 200°C. Place a large pan over a medium heat with a drizzle of oil. When hot, add the diced onion, the quartered mushrooms, the venison chunks, and

the carrots chunks. Fry for 5-6 minutes until starting to brown, shifting occasionally. Add the stock & herb mix and the flour and cook for 1-2

minutes, shifting occasionally. Pour in 200ml of boiling water. Reduce the

heat and leave to simmer for 6-7 minutes until thickened slightly. Season to taste. 2. CHEESY ROSTI Grate the peeled potato and place in a clean tea

towel. Close up tightly and squeeze out as much liquid from the grated potato as possible. Discard the liquid. Add the grated potato to a bowl with the grated cheese, a drizzle of oil, and seasoning. Transfer the venison mixture to an ovenproof dish. Scatter over the potato mixture, and roast in the hot oven for 15-20 until golden brown. In the final 5 minutes, turn the oven onto the grill setting to get the perfect golden colour!

3. SOME PREP Loosen the crème fraîche with a splash of water and season to taste. Toss the rinsed green leaves with a drizzle of oil and some seasoning.

4. DINNER IS SERVED Plate up a helping of the golden cheesy venison hot pot, side with the dressed green leaves, and dollop over the crème fraîche. Well done, Chef!

Nutritional Information

Per 100g

443kl Energy Energy 106Kcal Protein 8.3g Carbs 9g of which sugars 2.1g Fibre 1.9g Fat 3.9g of which saturated 2.3g Sodium 4mg

Allergens

Gluten, Dairy, Allium, Wheat, Sulphites

From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper

Crème Fraîche

Green Leaves rinsed

Water

85ml

40g

Paper Towel

within 4 Days

Cook