

UCOOK

Pork Rump & Jalapeño Poppers

with a corn, red onion & tomato salsa

Spicy jalapeño poppers are stuffed with a tasty cheese filling and rolled in a crunchy panko coating before being fried to perfection!
They are the side dish to the main event; a Mexican spiced-pork rump! Finished off with a tangy sweet salsa, this dish is absolutely, lip smackingly delicious!

Hands-On Time: 30 minutes

Overall Time: 40 minutes

Serves: 1 Person

Chef: Ella Nasser

Adventurous Foodie

Fat Bastard | Chenin Blanc

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Ingredients & Prep	
50ml	Sour Cream
80g	Grated Mozzarella & Cheddar Cheese Mix
4g	Fresh Chives rinsed & roughly chops
60g	Pickled Jalapeños drained & halved lengthways
10ml	Cornflour
50ml	Panko Breadcrumbs
50g	Corn
1	Tomato roughly diced
1	Red Onion 4 peeled & finely dice
150g	Pork Rump

From Your Kitchen

Paper Towel

Butter

5ml

Oil (cooking, olive or coconut) Salt & Pepper Water Egg/s

Blend

NOMU Mexican Spice

1. CAN I TAKE YOUR COAT? In a bowl, combine the ½ the sour cream, the grated cheese, and ½ the chopped chives. Carefully spoon

to chill for 10-12 minutes.

sour cream with a splash of water and season.

2. LET'S SALSA! In a bowl, combine the corn, the diced tomato, the diced red onion, seasoning, and a drizzle of oil. Loosen the remaining

3. MEXICAN PORK Place a pan over a medium-high heat with a drizzle of oil. Pat the pork rump dry with some paper towel, and season. When

the pan is hot, sear the steak fat-side down, for 3-5 minutes until crispy. Then, fry for 3-4 minutes per side, or until cooked through (this time frame may depend on the thickness of the steak). During the final 1-2 minutes,

baste with a knob of butter and the spice blend. Remove from the pan on completion and allow to rest for 5 minutes before slicing. Lightly season

the cheese mixture into the seed compartment of the halved jalapeños.

Set aside. In a shallow dish, whisk 1 egg with 1 tsp of water. Prepare two

more shallow dishes, one containing the cornflour (lightly seasoned) and

the other containing the breadcrumbs. Lightly coat the jalapeño skin (the

side that is not stuffed with cheese) in the cornflour, then the egg mixture,

and lastly in the breadcrumbs. Dust off any excess in between coatings.

Repeat with the remaining jalapeños. On completion, pop in the fridge

Carbs of which sugars

Per 100g

Energy

Energy

Protein

Fibre

Fat

of which saturated

Nutritional Information

Sodium

Allergens

Gluten, Dairy, Allium, Wheat, Sulphites

the slices. 4. FRY TIME Return the pan to a high heat with enough oil to cover the base. Once hot, fry the jalapeño poppers, on the crumbed side, for 2-4

5. PORK & POPPERS! Serve the pork rump slices with the salsa and jalapeño poppers on the side. Serve the loosened sour cream as dipping

minutes or until golden brown. Remove and drain on a paper towel.

sauce and garnish with the remaining chives. Delicious!

Cook within 2 Days

616kl

7.8g

2.5g

1.1g

9.1g

4.1g

9mg

8g

147Kcal