



QCOOK

Penne Alla Vodka

with a side salad & Italian-style hard cheese

Hands-on Time: 10 minutes

Overall Time: 20 minutes

Veggie: Serves 1 & 2

Chef: Ella Nasser

Wine Pairing: Strandveld | First Sighting Rosé

Nutritional Info	Per 100g	Per Portion
Energy	773kJ	3934kJ
Energy	185kcal	941kcal
Protein	6.9g	35.1g
Carbs	24g	124g
of which sugars	3.6g	18.4g
Fibre	1.8g	9.2g
Fat	5.4g	27.3g
of which saturated	2.8g	14.2g
Sodium	64mg	323mg

Allergens: Sulphites, Egg, Gluten, Wheat, Cow's Milk, Alcohol, Allium

Spice Level: Mild

Eat Within 3 Days

Ingredients & Prep Actions:

Serves 1	[Serves 2]	
125g	250g	Penne Pasta
1	1	Onion <i>peel & finely dice ½ [1]</i>
1	2	Garlic Clove/s <i>peel & grate</i>
5ml	10ml	Dried Chilli Flakes
20ml	40ml	Vodka
40ml	80ml	Tomato Paste
40ml	80ml	Crème Fraîche
40g	80g	Italian-style Hard Cheese <i>grate</i>
3g	5g	Fresh Oregano <i>rinse, pick & roughly chop</i>
10ml	20ml	Lemon Juice
20g	40g	Salad Leaves <i>rinse</i>
50g	100g	Cucumber <i>rinse & cut into half-moons</i>

From Your Kitchen

Oil (cooking, olive or coconut)

Seasoning (Salt & Pepper)

Water

Butter

Sugar/Sweetener/Honey

1. A PENNE FOR YOUR THOUGHTS Bring a pot of salted water to a boil for the pasta. Cook the pasta until al dente, 8-10 minutes. Drain, reserving 100ml [150ml] of pasta water, and toss through a drizzle of olive oil.

2. ALLA VODKA Place a pan (large enough for the pasta) over medium heat with a drizzle of oil. When hot, fry the onion until soft, 3-4 minutes (shifting occasionally). Add the garlic and the chilli flakes (to taste). Fry until fragrant, 1-2 minutes (shifting constantly). Add the vodka and simmer until almost all evaporated, 30-60 seconds.

3. ALL TOGETHER Once the vodka has reduced, add the tomato paste, the reserved pasta water, and the crème fraîche to the pan. Simmer until thickened, 2-4 minutes (stirring occasionally). Add an extra splash of water if the sauce reduces too quickly. Remove from the heat and stir through a knob of butter, ½ the cheese, ½ the oregano, the cooked pasta, and seasoning.

4. SIMPLE SALAD In a salad bowl, combine a drizzle of olive oil, the lemon juice (to taste), a sweetener (to taste), and seasoning. Toss through the salad leaves and the cucumber.

5. VODKA + PENNE = BELLISSIMA! Plate up a hearty spoonful of the pasta alla vodka. Sprinkle over the remaining oregano and cheese. Side with the dressed salad. Buon Appetito!