

UCOOK

Fiery Citrus Honey Pork Belly

with jasmine rice & roasted cabbage

Hands-on Time: 40 minutes

Overall Time: 55 minutes

Adventurous Foodie: Serves 3 & 4

Chef: Megan Bure

Wine Pairing: Bertha Wines | Bertha Sauvignon Blanc

Nutritional Info	Per 100g	Per Portion
Energy	1164kJ	8076kJ
Energy	278kcal	1931kcal
Protein	4.2g	29.1g
Carbs	16g	108g
of which sugars	3.2g	21.9g
Fibre	1.3g	9.2g
Fat	16.5g	114.7g
of which saturated	5.7g	39.7g
Sodium	105mg	729mg

Allergens: Egg, Allium, Sulphites, Alcohol, Soy

Spice Level: Hot

Ingredients & Prep Actions:			
Serves 3	[Serves 4]		
300ml	400ml	Jasmine Rice rinse	
300g	400g	Cabbage rinse & cut into large bite-sized pieces	
2	2	Onions peel & cut 1½ [2] into wedges	
15ml	20ml	NOMU Spanish Rub	
2	2	Garlic Cloves peel & grate	
15g	20g	Chipotle Chillies In Adobo roughly chop	
60ml	80ml	White Wine	
180ml	240ml	Sweet Orange Sauce (150ml [200ml] Orange Juice, 15ml [20ml] Honey & 15ml [20ml] Dijon Mustard)	
600g	800g	Pork Belly Pieces	
150ml	200ml	Kewpie Mayo	
8g	10g	Fresh Coriander	

From Your Kitchen

Water

Oil (cooking, olive or coconut)

Seasoning (salt & pepper)

rinse, pick & roughly chop

halfway).

water. Cover and bring to the boil. Simmer until the water has been absorbed, about 10 minutes. Remove from the heat and steam, 8-10 minutes. Fluff with a fork and cover.

2. OVEN ROASTED VEG Spread the cabbage chunks and the onion wedges on a roasting tray. Coat in oil, the NOMU rub and season. Roast in the hot oven until slightly crispy, 30-35 minutes (shifting

1. READY THE RICE Preheat the oven to 200°C. Place the rice in a pot with 600ml [800ml] of salted

- 3. DELECTABLE ORANGE SAUCE Place a pan over medium heat. When hot, add the garlic and chipotles (to taste) and fry until fragrant, 30-60 seconds (shifting constantly). Pour in the white wine and cook until almost all evaporated, 30-60 seconds (shifting constantly). Pour in the sweet orange sauce and simmer until reduced and thickened, 3-4 minutes (shifting occasionally). Season, remove from the heat, cover and set aside.
- 4. PERFECT PORK Season the pork belly pieces. Return the pan to medium heat (the pork will cook in its own fat). When hot, sear the pork pieces until crispy, golden brown, and cooked through, 8-10 minutes per side. Remove the pork from the pan and set aside to rest before slicing and lightly seasoning. Alternatively, air fry at 200°C until crispy and golden, 20-25 minutes. Rest for 5 minutes before thinly slicing.
- Season and set aside.

 6. OM NOM NOM! Plate up the steaming rice, top with the pork slices and drizzle with the sweet

5. MMMAYO In a small bowl, loosen the mayo with water in 5ml increments until drizzling consistency.

orange sauce. Serve the roast cabbage alongside and drizzle with mayo. Garnish with the coriander.