

UCOOK

Penne Alla Vodka

with a side salad & Italian-style hard cheese

Hands-on Time: 15 minutes

Overall Time: 25 minutes

Veggie: Serves 1 & 2

Chef: Ella Nasser

Wine Pairing: Waterford Estate | Waterford Pecan Stream

Sauvignon Blanc

Nutritional Info	Per 100g	Per Portion
Energy	773kJ	3934kJ
Energy	185kcal	941kcal
Protein	6.9g	35.1g
Carbs	24g	124g
of which sugars	3.6g	18.4g
Fibre	1.8g	9.2g
Fat	5.4g	27.3g
of which saturated	2.8g	14.2g
Sodium	64mg	323mg

Allergens: Cow's Milk, Egg, Gluten, Allium, Wheat,

Alcohol

Spice Level: Moderate

Ingredients & Prep Actions:			
Serves 1	[Serves 2]		
125g	250g	Penne Pasta	
1	1	Onion peel & finely dice ½ [1]	
1	1	Garlic Clove peel & grate	
5ml	10ml	Dried Chilli Flakes	
20ml	40ml	Vodka	
40ml	80ml	Tomato Paste	
40ml	80ml	Crème Fraîche	
40g	80g	Italian-style Hard Cheese grate	
3g	5g	Fresh Parsley rinse, pick & roughly chop	
10ml	20ml	Lemon Juice	
20g	40g	Salad Leaves rinse	
50g	100g	Cucumber rinse & cut into half-moon	
From You	ur Kitchen		

Ingradiants & Prop Actions

until al dente, 8-10 minutes. Drain, reserving 100ml [150ml] of of olive oil.	·
2. ALLA VODKA Place a pan (large enough for the pasta) over hot, fry the onion until soft, 3-4 minutes (shifting occasionally) taste). Fry until fragrant, 1-2 minutes (shifting constantly). Add evaporated, 30-60 seconds.	Add the garlic and the chilli flakes (to
3. ALL TOGETHER Once the vodka has reduced, add the tomathe crème fraîche to the pan. Simmer until thickened, 2-4 minusplash of water if the sauce reduces too quickly. Remove from butter, ½ the cheese, ½ the parsley, the cooked pasta, and sea	ites (stirring occasionally). Add an extra the heat and stir through a knob of
4. SIMPLE SALAD In a salad bowl, combine a drizzle of olive of (to taste), and seasoning. Toss through the leaves and the cucu	
5. VODKA + PENNE = BELLISSIMA! Plate up a hearty spoonful the remaining parsley and cheese. Side with the dressed salad	

- 1. A PENNE FOR YOUR THOUGHTS Bring a pot of salted water to a boil for the pasta. Cook the pasta -10 minutes. Drain, reserving 100ml [150ml] of pasta water, and toss through a drizzle A Place a pan (large enough for the pasta) over medium heat with a drizzle of oil. When on until soft, 3-4 minutes (shifting occasionally). Add the garlic and the chilli flakes (to
- -60 seconds IER Once the vodka has reduced, add the tomato paste, the reserved pasta water, and he to the pan. Simmer until thickened, 2-4 minutes (stirring occasionally). Add an extra if the sauce reduces too guickly. Remove from the heat and stir through a knob of
 - neese, ½ the parsley, the cooked pasta, and seasoning. AD In a salad bowl, combine a drizzle of olive oil, the lemon juice (to taste), a sweetener easoning. Toss through the leaves and the cucumber.
- ENNE = BELLISSIMA! Plate up a hearty spoonful of the pasta alla vodka. Sprinkle over parsley and cheese. Side with the dressed salad. Buon Appetito!

Oil (cooking, olive or coconut)

Water

Butter

Sugar/Sweetener/Honey

Seasoning (salt & pepper)

We recommend using a good quality extra-virgin olive oil for this dish. It makes all Chef's Tip