

# **UCOOK**

# Grilled Sirloin & Spicy Umami Sauce

with golden baby potatoes & a fresh radish salad

Imagine golden, oven-roasted baby potatoes elevated with an Oriental spice mix, accompanied by perfectly seared & butter-basted sirloin slices, all drizzled with an umami Asian sauce. Now put on your apron and make it a reality, Chef!

Hands-on Time: 30 minutes

Overall Time: 35 minutes

Serves: 3 People

Chef: Kate Gomba

Stellenzicht | Tristone Cabernet Sauvignon

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## **Ingredients & Prep**

750g Baby Potato
rinsed & halved

30ml NOMU Oriental Rub

1 Onion

3 Garlic Cloves

Fresh Chillies
 Free-range Beef Sirloin
 Asian Sauce

(75ml Oyster Sauce & 45ml Rice Wine Vinegar)

60g Green Leaves60g Radish

30ml White Wine Vinegar

#### From Your Kitchen

Oil (cooking, olive or coconut)

Salt & Pepper Water

Tinfoil

Butter

Sugar/Sweetener/Honey

Paper Towel

1. ROAST TATOES Preheat the oven to 220°C. Spread the halved baby potatoes on a roasting tray. Coat in oil, the NOMU rub, and seasoning. Roast in the hot oven until crispy, 30-35 minutes (shifting halfway).

2. SOME PREP Peel and finely dice ¾ of the onion. Peel and grate the garlic. Rinse, deseed, and finely slice the chillies.

3. SEAR THE SIRLOIN When the roast has 10-15 minutes to go, place a pan over medium-high heat with a drizzle of oil. Pat the steak dry with paper towel. When hot, sear the steak, fat-side down, until crispy, 3-5 minutes. Flip the steak and sear until browned, 2-4 minutes per side (for medium-rare). In the final minute, baste with a knob of butter. Remove from the pan, wrap it up in tinfoil, and set aside. Season and slice before serving.

4. UMAMI SAUCE Return the pan to medium heat with a knob of butter. When hot, fry the diced onion until soft, 3-4 minutes. Add the grated garlic and the sliced chilli (to taste). Fry until fragrant, 1-2 minutes. Deglaze the pan with 150ml of water and add the Asian sauce. Simmer until warmed through and thickening, 4-6 minutes. Add a sweetener.

**5. FRESH SALAD** Rinse the green leaves and the radish. Thinly slice the radish into rounds. In a salad bowl, combine the vinegar, a drizzle of olive oil, and a sweetener. Toss through the leaves and the radish rounds, and season.

**6. DINNER IS READY** Plate up the roasted potatoes, side with the steak slices, and pour over the umami sauce. Serve the fresh salad alongside. Good job, Chef!



Air fryer method: Coat the halved baby potatoes in oil, the NOMU rub, and seasoning. Air fry at 180°C until crispy, 25-30 minutes (shifting halfway).

#### Nutritional Information

Per 100g

Energy	441kJ
Energy	105kcal
Protein	7.1g
Carbs	10g
of which sugars	2.3g
Fibre	1.5g
Fat	1.6g
of which saturated	0.6g
Sodium	322mg

### Alleraens

Gluten, Dairy, Allium, Sesame, Wheat, Sulphites, Soy, Shellfish

Cook within 4 Days