

# **UCOOK**

# Dan Dan Noodles with Chicken

with cabbage, carrot, & peanut butter

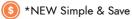
Bursting with flavour and easy to make, this Chinese street food dish is a quick classic. Golden chicken mini fillets, crunchy cabbage slaw and scrumptious egg noodles swim in a thick, tangy amalgamation of peanut butter, black vinegar and soy sauce. You'll be slurping up every last drop!

Hands-on Time: 25 minutes

Overall Time: 35 minutes

**Serves:** 3 People

Chef: Alex Levett



Waterford Estate | Range Chardonnay 2018

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# Ingredients & Prep

30<sub>m</sub>l

45ml

90<sub>m</sub>l Soy Sauce Mix (45ml Black Vinegar & 45ml Low Sodium Soy Sauce)

Peanut Butter

Brown Sugar

2 Garlic Cloves peeled & grated

45ml Sesame & Chilli Mix (30ml White Sesame Seeds & 15ml Dried Chilli Flakes)

3 cakes Egg Noodles 450g Free-range Chicken Mini

300g Cabbage thinly sliced

Fillets

240g Carrot 3/4 grated

#### From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper

Water

Paper Towel

1. PEANUT SAUCE Boil the kettle. Using a whisk or fork, whisk the brown sugar and soy sauce mix in a bowl, until the sugar has dissolved. Add the peanut butter, the grated garlic, and the sesame & chilli mix (to taste). Mix until combined and emulsified.

2. BUBBLE IT UP Fill a pot with boiling water, add a pinch of salt, and place over a medium-high heat. Once boiling rapidly, cook the noodles for 7-8 minutes until al dente. Drain on completion, reserving 1 tbsp of the cooking water. Toss some oil through the noodles to prevent sticking. Cover to keep warm and set aside for serving. Mix the reserved cooking water into the peanut sauce until silky.

paper towel, and cut into bite-sized cubes. Place a pan or wok over a medium-high heat with a drizzle of oil. When hot, fry the chicken for 2-3 minutes until golden but not completely cooked through. On completion, toss through the cabbage and the carrot for 2-3 minutes until heated but still crunchy. Pour in the peanut sauce and toss for 1 minute until the chicken is coated and cooked through. Season to taste and remove from the heat.

3. WHILE THE NOODLES ARE COOKING... Pat the chicken dry with

4. NO NEED TO HIT THE STREETS Make a bed of scrumptious egg noodles and top with the silky chicken stir-fry. Simply delicious!



If you'd fancy, toast the sesame & chilli mix for 1-2 minutes before adding to the peanut mixture.

### **Nutritional Information**

Per 100g

Energy	586kJ
Energy	140kcal
Protein	10.5g
Carbs	16g
of which sugars	4.3g
Fibre	1.7g
Fat	3.6g
of which saturated	0.8g
Sodium	140mg

## Allergens

Egg, Gluten, Allium, Sesame, Peanuts, Wheat, Sulphites, Sov

> Cook within 3 Days