

## **UCOOK**

# Aubergine & Goat's Cheese Gratin

with kalamata olives & panko breadcrumbs

Don't make the mistake of confusing an ordinary bake with a gorgeous gratin, Chef! With this culinary technique, a golden crust of crunchy breadcrumbs cover layers of charred aubergine and thin slices of potato, which have soaked up a rich tomato, onion, thyme & garlic sauce. Dotted with pops of olives & creamy goat's cheese.

Hands-on Time: 45 minutes

Overall Time: 60 minutes

Serves: 4 People

Chef: Megan Bure

Veggie

Paardenkloof Wines | Paardenkloof Ecology "Desert Rose" Sauvignon Blanc 2021

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### Ingredients & Prep

800g

1kg

2

10g

120g

Butter

Potato rinse, peel (optional) & slice into very thin rounds

Aubergine rinse, trim & cut into bite-sized pieces

peel & finely slice 2 Garlic Cloves peel & grate

Onions

Fresh Thyme rinse

NOMU & Chilli Mix 60ml (40ml NOMU Italian Rub &

20ml Dried Chilli Flakes) Cooked Chopped Tomato 400g

120g Pitted Kalamata Olives drain & slice

Chevin Goat's Cheese

Lemon Juice 60ml

Panko Breadcrumbs 200ml

#### From Your Kitchen

Oil (cooking, olive or coconut) Salt & Pepper Water

Sugar/Sweetener/Honey

Paper Towel

1. SOFTEN THE POTATO Preheat the oven to 200°C. Place the sliced potato into a pot of salted water. Bring to a boil and simmer until softening, 12-14 minutes. Drain and set aside.

2. CHAR THE AUBERGINE Place a pan over medium-high heat with a drizzle of oil. When hot, fry the aubergine chunks until charred but soft, 6-8 minutes (shifting occasionally). Remove from the pan, drain on paper towel and season.

3. TASTY TOMATO SAUCE Return the pan to medium heat with a drizzle of oil and a knob of butter. When hot, fry the sliced onion until soft, 5-6 minutes (shifting occasionally). Add the grated garlic, the rinsed thyme, and the NOMU & chilli mix. Fry until fragrant, 1-2 minutes. Pour in the cooked chopped tomato and 400ml of water. Simmer until reduced and thickening, 10-12 minutes. Remove the thyme sprigs and discard, then

remove from the heat.

4. LAYER WITH FLAVOUR Stir in the sliced olives, the chunks of goat's cheese, the cooked aubergine, and a sweetener (to taste), the lemon juice (to taste), and seasoning. Lay down an overlapping layer of the par-cooked sliced potatoes and then spread the mixture evenly into an ovenproof dish. Cover with a layer of the remaining potato and bake until golden, 12-15 minutes.

5. GOLDEN CRUMBS Place a pan over medium-high heat with 40g of butter and a drizzle of oil. Once melted, add the breadcrumbs and fry until lightly toasted and golden, 1-2 minutes. Remove from the pan and set aside.

6. A GREAT GRATIN Plate up the loaded baked gratin, and top with the golden breadcrumbs. Well done, Chef!

#### **Nutritional Information**

Per 100g

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Lifeigy	27 JKJ
Energy	66kcal
Protein	2.4g
Carbs	11g
of which sugars	3g
Fibre	2.4g
Fat	1.3g
of which saturated	0.6g
Sodium	107mg

275kI

#### **Allergens**

Gluten, Allium, Wheat, Sulphites, Cow's Milk

> Eat Within 4 Days